



Mahaparinirvan
Divas



Afternoon

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Former jail inmates

planned a scam after release and again got lodged in jail



AV Team

The accused Sunil Modi, 67, who has earlier been involved in numerous cheating cases, and Sanket Chavan, 23, a criminal who can speak imitate a young woman's voice, the duo met at Arthur Road prison and planned a plot for some business. Both the accused have a prior criminal record. They In prison they decided to get together after their release from jail. As per plan they created a fake profile on a popular matrimonial site, posing

as 21-year-old "magistrate Ashwini Manohar Pandit". After they were out on bail earlier this year, Modi told Chavan that he could arrange forged documents. They then created documents using court stamps which showed that a person called Ashwini Pandit was a magistrate in the city. Based on these documents, they created a fake profile using the photograph of a Nashik-based influencer without her knowledge. Soon, the profile started garnering interest on the website. The twosome then allegedly threatened to issue war-

rants against victims if they did not pay up and also created forged warrants to prove the credibility of the threat. When prospective suitors called, Chavan would speak to them as Ashwini.

The police have found that people from across the state, including Nashik, Ratnagiri and even Mumbai, fell victim to the fraud. Investigators are currently going through the fake profile to find out who else they were in touch with, in a bid to trace the remaining victims.

Deputy Commissioner of Police D Swamy told media that the two were

nabbed on Monday. A team led by inspector Suvarna Shinde arrested both of them after a software engineer submitted a complaint about having been swindled in a similar manner.

After a few days, the "magistrate" would ask them for money to visit a doctor claiming that she had forgotten her wallet. "If the victim refused to pay, she would threaten to issue an arrest warrant against them. She would also send photographs of the warrant which would scare some of them into making payments," an officer said.

Vasundhara Raje deserves to be the Rajasthan CM

Editoritis



Dr. Vaidehi

Since the Bharatiya Janata Party (BJP) returned to power in Rajasthan by winning 115 seats out of the 199 Assembly constituencies election, one name is making rounds in political corridors. He is trending on micro blogging sites, and his followers expect him to be a Chief Minister of Rajasthan. Vasundhara Raje is veteran leader and also a grassroot level leader of BJP, she has her strength and also deserving candidature. She has held two terms as the chief minister of Rajasthan. She was previously a minister in the Union Cabinet of Atal Bihari Vajpayee and was India's first Minister of Small-Scale Industries and Agro and Rural Industries, which is

now known as Micro, Small and Medium Enterprises. In 2003, she became the first woman to serve as the Chief Minister for the state of Rajasthan. She is currently one of the national vice presidents of the Bharatiya Janata Party (BJP). A member of the Scindia family, she is also the matriarch of the Bamraulia family of Dholpur.

Balak Nath is not as seasoned or experienced politician as Vasundhara is, but for some strange reason the voters of the state want change in the leadership. Even the top leaders of BJP do not want her to be at the top post but they are not in a mood to take any risk by irking her at this moment.

CONTINUED ON PAGE 02

Editoritis

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A key influencer in his political journey is also the support of yoga guru Baba Ramdev. As Balak Nath traverses the campaign trail, a dedicated team from Mahendragarh in Haryana accompanies him, underlining the widespread backing he enjoys.

Vasundhara Raje deserves to be the Rajasthan CM

▶▶ PAGE 1

The big question in front of the saffron party is which candidate will become the next Chief Minister. The BJP has not put forward any potential candidate for the Chief Minister position in this year's assembly polls. Balak Nath, who wears saffron clothes, is considered one of the firebrand leaders of the BJP. He remains in the headlines for his aggressive stance on the Hindutva agenda. He is quite famous among the masses because of his fire brand image. Baba Balaknath belongs to the OBC category.

Balak Nath's popularity in Alwar is huge. Coming from an agricultural family, he took his first steps into sannyasa at the tender age of six-and-a-half, prompting him to leave home and seek solace in an ashram. He was named Gurumukh by Baba Khetanath in his early age. Balak Nath's political foray was shaped by his Guru, Mahant Chandnath, a former Member of Parliament from Alwar. Following in his mentor's footsteps, Balak Nath succeeded him as the head of the Baba Mastnath Mutt in Haryana. A key influencer in his political journey is also the support of yoga guru Baba Ramdev. As Balak Nath traverses the campaign trail, a dedicated team from Mahendragarh in Haryana accompanies him, underlining the widespread backing he enjoys.

He was nominated as Bharatiya Janata Party candidate for Lok Sabha from Alwar, Rajasthan and he won the elections in 2019 by defeating Bhanwar Jitendra Singh of Indian National Congress by the margin of 3 Lakh votes. Balak Nath is also a Member of Parliament (MP) from Alwar Lok Sabha constituency. He is also called 'Yogi of Rajasthan'. He contested against Congress's Imran Khan and won. Balak Nath is being considered for the Chief Ministerial race if the BJP secures a majority.

In the 2019 Lok Sabha elections, Baba Balaknath became an MP for the first time after defeating veteran Congress leader Bhanwar Jitendra Singh from Alwar. The name of 'Baba' got a bumper boost in the corridor of politics after giving the contract to the veteran leader of Congress. Recently, Balak Nath came into the limelight when he threatened the DSP of Rajasthan Police by storming into the police station. Disgruntled with taking custody of a BJP worker, the MP said to DSP - Mera naam yad rakhana. There are three people in my list, one is MLA from



here, Thanedar of Uttara and now you are also in my list. Baba Balaknath has a good grip in the surrounding area and he is also very popular among the people for his Hindutva agenda. After Yogi Aditya Nath as CM of Uttar Pradesh, people of Rajasthan saw him as Chief Minister of Rajasthan. Elit class of Rajasthan do not want hooligans ruling the state.

Soon we will come to know who will be the next CM of the state. The discussion on this has also intensified. Some think tanks also predicted that Vasundhara is going to be the next deserving CM of Rajasthan. 25 Bharatiya Janata Party MLAs met her to give their support. Almost all the legislators are with her. Union ministers Gajendra Singh Shekhawat and Arjun Meghwal, and party MPs -- Baba Balaknath and Diya Kumari also won assembly polls -- are among the contenders for the CM's post but I feel Vasundhara is deserving amongst all these contenders because she has experience of ruling the state and one can not refute her huge contribution towards the development of the state.

Vaidehi Tamam

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Dealing with Diabetes



- C.K. Subramaniam

Diabetes Mellitus is a major growing health problem in India. Its prevalence has been steadily rising and by the year 2025, India would have the world's largest population of diabetics. Diabetes mellitus is a disorder in which the transport of glucose from the blood stream to the cells does not function properly. This leads to much higher levels of glucose or sugar in the blood than is normal or on a healthy body. The reason for this could be that your pancreas is not producing enough quality or quantity of insulin or the insulin being produced is not being utilised properly by the body. KAWASAKI an Ayurvedic medicine control diabetes to the normal level if taken along with the prescribed medicines by alopathy physician.

Thus your body cannot properly use the energy from the food you eat resulting in increase in thirst, more tiredness and lassitude, changes in weight and frequent passing of urine etc. You will have to live with diabetics so you will have to follow ways and means to control diabetes.

- eat balanced diet and small and regular meals
- eat more high fibre foods
- Reduce intake of fatty foods and alcohol
- Avoid all forms of sugar/sweets

The best option is to do regular exercise, which makes insulin work better and this keeps your blood glucose more stable. Exercise burns calories of food you eat and helps you to reduce your excess body weight considerably.

You will have to live with the medicines prescribed by the family doctor and regular monitoring of the sugar level in the blood is most important. Self-monitoring means measuring your blood glucose/urine glucose at regular intervals either at home or in a pathology. Self or home monitoring and consequent control can result

in less frequent visits to the doctor.

It can help to prevent the onset of low blood sugar reaction. It can help to identify the type of food that causes changes in blood sugar levels. Self-monitoring can be done using urine test strips.

The repercussions/complications of diabetes uncontrolled by medicines leads to

- Leads to partial or total blindness
- Leads to heart ailments/or heart attacks
- Leads to kidney failure/or the renal failure as per the medical term
- Leads to feet amputation

Good diabetes control will reduce the risk or delay the onset of diabetes complications. There is hue and cry about the disease and the number of cases increase day by day in India. However, when you look at the sitting job done by Indians for hours together without proper exercise this is not unusual. Further, the Indians tend to eat too much and used to have protruding pot bellies by the time they touch 40. One should have the awareness after reading the write-ups on news dailies on Diabetics.

Even juvenile diabetes is very common. The wise thinking is to have small meals, exercise well and keep the weight under control all the time. To reduce the weight one must curtail intake of sugar totally, do not consume oily items and Potatoes. With this one can reduce 1 kg in a week and that will lead you to a normal life even with dreaded

disease. Even if you ask for a share of the property from your father you may not get as you wish but at the same time both BP and Diabetics will be passed on to you by your parents without asking. Diabetics is totally hereditary and one must know how to forget unnecessary worries. There lies your will power.

Letters to the Editor

group and offer voters a credible alternative to the BJP.

Jahangir Shaikh

Bridges & Roads Construction

Faulty road engineering is often the reason for five lakh accidents reported in India every year, Union Road Transport and Highways Minister Nitin Gadkari said here on Sunday, urging engineers to work towards removing the black spots to save lives. Often bridges and roads destroyed because of using raw materials only for sparing some amount. Therefore, there should not be any compromise in quality in road and bridges construction. Most importantly, corruption should be rooted out, otherwise all efforts will go in vain.

MT.Farooqi

Impact of AI

In an interview with the British Prime Minister at Bletchley Park in London early last month, Elon Musk said that Artificial Intelligence (AI) will be the most destructive force in the history of the world, after its use, people will be out of work. People will work only for their own happiness. The statement of a successful entrepreneur like Musk can-

not be taken lightly. He also said that it will have incomparable benefits in the field of education etc, and then there will be an era of Universal Basic High Income instead of Universal Basic Income, but side effects will also be visible. 28 countries including India, America, EU and China unanimously accepted Musk's concern by signing the 'Bletchley Declaration'. Britain announced the creation of a body to study understanding the impacts of AI and how to avoid them. Musk's apprehension should be a big cause of concern for India.

The government must ensure that the use of AI does not deprive workers and other professionals of livelihoods in this low per capita income country. But if its use helps farmers know when to apply which fertilizer and how much water in which field or a poor girl from a remote village gets free and better education, then people will know about the disease before its occurrence and diagnosis.

If it is known, then this technology can be considered not a destructive force but also a blessing of science. If nuclear physics can make bombs, it can also provide clean energy and can be effective in treatment. India does not want technology

that reduces work, but technology that increases knowledge and gives more productivity should be welcomed.

N Ashraf

Fraud in the name of getting a job abroad

Often the poor people look for job opportunities in foreign countries and they spend a lot of money for it, due to lack of proper guidance they usually fall prey to scammers and at last they have nothing other than that regretting. However, a case has been registered at Navi Mumbai, Kharghar Police Station against 8 accused who cheated unemployed youth in the name of providing employment. The gang has so far cheated 112 people. The accused must be given an exemplary punishment, so other could not dare to do so. People should get proper information about it then go forward.

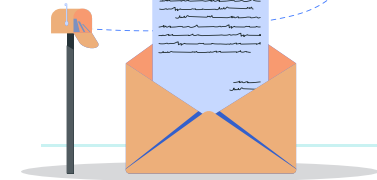
Tauqueer Rahmani

Readers are requested to mail Letters to the Editor only at

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No postal letters will be entertained

(The views expressed are authors' own)



NCRB report claims state records as many as 8,218 cases, highest in country

Maharashtra has recorded as many as 8,218 cases of rioting in 2022, the highest in the country for the year, the latest data released by the National Crime Records Bureau (NCRB) has revealed.

The NCRB, which functions under the Union Ministry of Home Affairs, released the report 'Crime in India 2022' on Monday. As per this report, Maharashtra ranked second (after Uttar Pradesh) in the registration of criminal cases under sections of the Indian Penal Code (IPC). The data also showed that the state stood third in cases of murder (at 2,295) after Uttar Pradesh and Bihar in 2022, and ranked fourth in rape cases (at 2,904) after Rajasthan, Madhya Pradesh and Uttar Pradesh. As per the report, Maharashtra registered a total of 3,74,038 criminal



cases (under the IPC sections) in 2022 as compared to 3,67,218 in 2021 and 3,94,017 in 2020. Uttar Pradesh recorded as many as 4,01,787 cases in 2022, which is the highest in the country for the year. There was a significant rise in the number of rioting cases in Maharashtra last year, which took the state to the top position in this category.

These cases were registered under IPC sections 147 to 151 (pertaining to rioting and unlawful assembly), it said. Maharashtra recorded a total of 8,218 rioting cases, in which 9,558 persons were victims, the data showed. Twenty-eight of these rioting cases were linked to communal and religious issues, 75 cases to political issues and 25 others to caste-related con-

flicts. Bihar ranked second with 4,736 cases of rioting and is followed by Uttar Pradesh with 4,478 such cases, the report said.

Maharashtra registered 2,295 cases of murder, in which 2,365 persons were named as victims last year, it said. The state ranked third in the list after Uttar Pradesh, which recorded 3,491 murder cases and Bihar that saw

2,930 such cases, it added. Maharashtra ranked fourth in rape cases after Rajasthan, Madhya Pradesh and Uttar Pradesh.

The state recorded 2,904 incidents of rape in 2022, whereas Rajasthan was at the top position with 5,399 cases in this category, the NCRB report said, adding that Uttar Pradesh ranked second with 3,690 cases and Madhya Pradesh third with 3,029 cases.

There were 5,209 cases of assault on women under section 354 of the IPC (assault or criminal force to woman with intent to outrage her modesty) in Maharashtra in 2022, whereas 2,946 incidents of sexual harassment were recorded under section 354(A), the report said, adding that among the cases of sexual harassment, 46 were reported as harassment at work office premises. PTI

Central Railway to operate special trains from Mumbai and 12 extra local services to cater rush over B R Ambedkar's death anniversary



The Central Railway will operate 18 special long-distance trains to and from Mumbai and 12 extra local services to cater to the rush of people in the city on B R Ambedkar's death anniversary, observed as Mahaparinirvan Din, on December 6. Additional personnel of the Railway Protection Force (RPF) and the Government Railway Police (GRP) are being deployed at Dadar and other stations in Mumbai. The CR will operate 18 special long-distance trains (eight towards Mumbai and 10 from Mumbai), besides 12 extra suburban services to facilitate the movement of people from different locations on Tuesday and Wednesday.

An additional 140 personnel of the RPF and 250 personnel of the GRP are being deployed at Dadar station on Tuesday and Wednesday, besides the deployment of 24 extra personnel of the RPF each at the Chhatrapati Shivaji Maharaj Terminus (CSMT), Lokmanya Tilak Terminus (LTT) and Kalyan stations, a release said. People from various corners of Maharashtra and other states visit Chaityabhoomi in Dadar on December 6 every year to pay tributes to Ambedkar on his death anniversary. For easy flow of public, extra commercial staff- 40 at Dadar, 20 at CSMT, and 10 each at Kalyan and LTT stations - will be deployed, as per the release

issued by the Central Railway. Extra counters of enquiry and Unreserved Ticketing System (UTS) will be operated at Chaityabhoomi and two extra UTS counters at Dadar and CSMT stations.

Among other measures, auto announcements about the trains will be made and details about the special trains will be provided through the app of the Railways and private ones. Help desks will be set up at the CSMT and Dadar stations.

The entry and exit points at Dadar station will be made unidirectional to ensure crowd movement remains smooth, the CR said. Doctors and paramedical staff are being deployed round-the-clock at Dadar, Kalyan, Thane and CSMT stations on Tuesday and Wednesday, the release said. Maintenance of urinals, toilets, and the availability of drinking water will be ensured at Dadar and other major stations, along with 24-hour availability of cleaning staff. The Mumbai civic body has also provided extra temporary urinals and toilets at Dadar railway station premises. PTI

UBT Shiv Sena leader Uddhav Thackeray said, "Would lead a march to the Mumbai office of Adani Group" over govt favouring for Dharavi redevelopment project

Shiv Sena (UBT) leader Uddhav Thackeray on Tuesday said he would lead a march to the Mumbai office of Adani Group on December 16 claiming that the government was apparently favouring the business conglomerate with the Dharavi redevelopment project. "Several suspicious decisions have been taken to favour Adani Group for the Dharavi redevelopment project. It also includes a TDR (Transferable Development Rights) sale clause which will benefit the Adani group significantly. "To protect the interest of the residents of the Dharavi area, Shiv Sena will march to the Adani Group office on December 16. I will lead the rally on Saturday," Thackeray told reporters.

The Maharashtra government in July formally awarded the 259-hectare Dharavi Redevelopment project to an Adani Group firm. Thackeray wondered whether the state government was trying to

favour the Adani Group at the cost of residents of Dharavi, a sprawling slum colony.

"Enough information is available about the Dharavi redevelopment project which raises suspicion about whether the government is trying to benefit Adani at the cost of Dharavi residents," Thackeray added. Notably, Shiv Sena (UBT) ally Congress had last month organised a protest rally in Mumbai demanding the cancellation of the Dharavi redevelopment project contract alleging "discrepancies" in the issuance of the work order.

The project, which reportedly has a revenue potential of Rs 20,000 crore, involves rebuilding the Dharavi slum sprawl in central Mumbai, located near the BKC business district. It was won by Adani Properties in November last year through a competitive bidding which also saw realty major DLF and Naman Developers competing. PTI

Nation

'Indian economy registered 7.6% GDP growth rate in last quarter': Sitharaman



Finance Minister Nirmala Sitharaman, addressing the Rajya Sabha on the economic situation of the country, highlighted Prime Minister Narendra Modi government's attempts at making India one of the fastest growing economies in the world. Due to the measures taken by the Modi government, the minister said the Indian economy is the world's fastest-growing economy, registering a 7.6 per cent GDP growth rate in the last quarter, news agency PTI reported.

Sitharaman informed the House that the Punjab and Maharashtra Cooperative Bank (now merged with Unity Small Finance Bank) has recovered Rs 104.02 crore with active cooperation and support from agencies. Assets amounting to Rs 692.89 crores have been confiscated under the provisions of the Fugitive Economic Offenders Act, 2018, she said.

The finance ministry also informed the House that over the last two financial years, the number of non-performing asset (NAP) accounts in the commercial banks has declined from 2.19 crore to 2.06 crore, showing a decrease of 6.2 per cent. Similarly, aggregate outstanding of such accounts (gross NPAs) has declined from Rs 7.41 lakh crore to 5.72 lakh crore during the same period, showing a decline of 22.9 per cent.

Further, slippage ratio (fresh slippages of NPAs during the financial year as percentage of standard loans and ad-

vances at the beginning of the financial year) of banks has declined from 2.74 per cent (fresh slippages of Rs 2.86 lakh crore) in the financial year 2021-22 to 1.78 per cent (fresh slip-

pages of Rs 2.13 lakh crore) in the financial year 2022-23.

Net NPA ratio, Sitharaman said, has come down to 0.95 per cent in 2022-23 for all commercial banks

from 5.94 per cent in 2017-18.

In the case of state-owned banks, the net NPA has declined to 1.24 per cent from 5.94 per cent in 2017-18. PTI


Birla cautions MPs against bringing placards in Lok Sabha

Speaker Om Birla Tuesday cautioned the Lok Sabha MPs against bringing placards in the House, highlighting that dignity and discipline need to be maintained, news agency PTI reported.

The comments by the Speaker came a day after BSP member Danish Ali hung a placard around his neck in protest demanding action against BJP MP Ramesh Bidhuri for allegedly making derogatory remarks against him.

"In the business advisory committee meeting yesterday, there was a consensus among parties that they will not bring placards in the new Parliament House. I appeal to everyone to maintain dignity and discipline in Parliament. I will have to take action against MPs bringing placards," Birla said.

"I appeal to every member not to break the rules of the House. I expect every one of you to maintain decorum and come with a positive mind," he said. "I will not allow anyone to come to the House with placards," Birla said and adjourned the House till 12 noon. PTI



December 6
Bharat Ratna
Dr. Babasaheb Ambedkar
Mahaparinirvan Din

HUMBLE TRIBUTES TO MAHAMANAV


Rs. 200 crore has been sanctioned for various development works at Deekshabhoomi in Nagpur.

Construction of the Dr. Babasaheb Ambedkar International Convention Center in Nagpur has been completed.


Rs. 40 crore in funds has been allocated for the construction of the Dr. Babasaheb Ambedkar Museum in Chicholi.

Over 50 percent of the work on the entrance, building, lecture hall, library, and parking lot on the ground floor of the Dr. Babasaheb Ambedkar Memorial has been completed.


The Dr. Babasaheb Ambedkar Memorial is set to be established on a 4.8-hectare area at an estimated cost of Rs. 1090 crore.




Narendra Modi
Prime Minister



Devendra Fadnavis
Deputy Chief Minister



Ajit Pawar
Deputy Chief Minister



Eknath Shinde
Chief Minister

www.mahasamvad.in

Directorate General of Information and Public Relations, Government of Maharashtra

World

Gilgit-Baltistan: Huge protest erupted after terrorists ambushed a local bus, kills 9, injured atleast 26



Massive protests erupted across Gilgit Baltistan after terrorists ambushed a local bus, killing nine and injuring at least 26 others on December 2.

Women and children in Skardu, Chilas, and Gilgit blocked the roads and blamed the government and security agencies for their failure to act against terrorists. As per the accounts of victims, the terrorists opened fire at the Rawalpindi-bound bus on the Karakoram Highway near

Chilas town in the Diامر district. The driver lost control of the bus and crashed into a truck coming from the opposite side. The terrorists continued firing, taking lives and harming more passengers in the bus. A local resident who was part of the protest said, "this is a deliberate attempt to create fear psychosis among the people and loot our resources". Another protester said, "Who are these people who are attacking us. They should be arrested as soon as possible".

The transporters union also organised a rally from Jutial Bus Terminal to Press Club Gilgit and condemned the terror attack.

A protester indirectly blamed the Pakistani army and said, "This was a targeted attack and those who are behind such attacks have the only intention to exploit the natural resources of Gilgit Baltistan. This is a conspiracy against us". "The security agencies must eliminate the terror sanctuaries within Pakistan," he said while adding that security on Karakoram highway needs to be strengthened. Faizan Mir, an activist of the Public Action Committee said, "Terrorists are operating across Pakistan. We urge the Pakistan government to take strict action against these terrorists". Gilgit-Baltistan is dominated by the Shia community who have been targeted on several occasions by terrorists from the Sunni community. ANI

China: Doubts of being responsible for computer hacking, Beijing denies cyberattacks

Few doubt that China is responsible for a massive campaign of computer hacking and nefarious cyber activities. Beijing denies any culpability for cyberattacks, calling such accusations "baseless", but the weight of evidence rests squarely against China. The US Office of the Director of National Intelligence, in its 2023 Annual Threat Assessment, recognized the threat: "China probably currently represents the broadest, most active and persistent cyber espionage threat to US government and private-sector networks. China's cyber pursuits and its industry's export of related technologies increase the threats of aggressive cyber operations against the US homeland."

If this were not damning enough, the report continued: "China almost certainly is capable of launching cyberattacks that could disrupt critical infrastructure services within the United



States, including against oil and gas pipelines, and rail systems." This assessment was borne out by a Chinese state-sponsored threat group called Volt Typhoon, responsible for attacks this year, some of the largest ever, on American infrastructure. Five Eyes partners publicly disclosed the worrying threat posed by Volt Typhoon in May, since the group's activities represent far more than the usual espionage conducted by nations. The group

preplaced technical implants and achieved long-term access into adversaries' networks, such prepositioning showing maturity in the People's Liberation Army's (PLA) joint information warfare capabilities.

Pukhraj Singh, Director of the Centre for Epistemic Security, wrote for the Australian Strategic Policy Institute (ASPI): "The military cyber elements seem to have been extricated from the stovepipes of the theater commands and are ready to produce strategic effects extending beyond the Indo-Pacific. And the integration isn't just militaristic but also political: the PLA is the Chinese Communist Party's (CCP) army. Strategic cyber operations are directly sanctioned by the Central Military Commission, and ultimately authorized by Xi." Singh further posited: "The intelligence that has trickled through from the Five Eyes. ANI

US: Massive explosion reported in Arlington, Minor injuries reported



A massive explosion was reported at a house in Arlington in the US after a suspect fired a flare gun inside a house at police personnel who were executing a search warrant, police said. According to Arlington County Police Department, the fire department is working to extinguish the blaze. Arlington County police put out the alert just after 8:15 pm Monday (local time). It said that the incident occurred in the 800 block of N Burlington Street in the Bluemont neighborhood.

The County Police Department said that it is investigating a suspect who has discharged a flare gun from his residence and police advised people to avoid the area.

Taking to X, Arlington Po-

lice Department stated, "POLICE ACTIVITY: ACPD is in the 800 block of N. Burlington Street investigating a suspect who has discharged a flare gun from his residence. Expect continued police activity and avoid the area." According to the Arlington County Police Department, officers on scene reported minor injuries with no one being taken to the hospital. In another post on X, the Arlington Police Department wrote, "As officers were attempting to execute a search warrant at the residence, the suspect discharged several rounds inside the home. Subsequently, an explosion occurred at the residence and officers continue to investigate the circumstances of the explosion." ANI

China's Xinjiang jolted records earthquake of magnitude 4.7



An earthquake of magnitude 4.7 on the Richter Scale jolted China's Xinjiang on Tuesday, the National Center for Seismology (NCS) said. According to NCS, the depth of the earthquake that occurred on Tuesday at 6:18 am (IST) was found to be 150 ki-

lometers. "Earthquake of Magnitude:4.7, Occurred on 05-12-2023, 06:18:21 IST, Lat: 38.34 & Long: 74.97, Depth: 150 Km, Region: Xinjiang," NCS posted on X. No casualties were reported in the incident till the filing of this report. Further details are awaited. ANI

Expression

Complete Guideline for Preparation of NEET UG Repeaters & Droppers



Vijay Garg

Retired Principal Educational
Columnist Malout Punjab

Tips for NEET Repeaters & Droppers: NEET entrance is indeed one of the toughest exams to crack at least in India. And it's getting tougher and tougher every passing year. Aspirants do hard work in order to pass from it and follow their passion for medication. Despite having a hard entrance some candidates crack NEET with insane numbers that amaze others, some just pass and sadly there are also some students who fail to crack it.

But it doesn't mean those students give up and drop it. Now let's move over to the 7 tips that will help NEET repeaters to crack NEET this year! We can't stop ourselves from sharing this tip with NEET repeaters as we found this very important and helpful.

By analyzing your result, you will know what holds you back to get better scores. Put out question paper and analyze all the questions, mark the ones that find difficult as these question-related chapters are your weakness. So the next time you attempt in NEET again, chances are very high that you don't face difficulty this time solving them as you already turned your weakness into strength.

1. Stay Focus and Stay Motivated

Most NEET repeaters lose their confidence after failing and lose their focus. And this lack of confidence drew them back to prepare again. Don't let this happen with yourself, in fact, you need to accept your failure and understand that failure is also a part of success.

Stay motivated, that's why we first share some success stories above to fuel up your motivation before you jump to these tips for NEET repeaters. If you haven't read those NEET repeaters success stories, then we highly suggest you to read them first. Just motivating yourself is not enough, you also need to stay focused all the while you're preparing for your next attempt. Be like Arjun from Mahabharat, just focus on fish's eye, ignore all the distractions around you, just focus on your goal until you achieve it.



2. Create an effective Study Plan

Make a timetable for your daily routine on how much time you are going to give to study every subject, practicals, tests, and of course your health. Prioritize this study plan over everything. As a NEET repeater, don't repeat all the mistakes again that you did with previous study plans.

By given a certain amount of time with 100% focus you can achieve anything in life. NEET preparation in no other thing. So focus 100% on your study plan and prepare to crack NEET this time. Here's our personal advice, ready a timetable, print on some papers and stick it in places like your room, hall, and kitchen (most visited place in the house and that way your family members also know the time and don't bother you while studying.)

3. Prefer only Best NEET Study materials

Only making study plan will not help you out until you select the right study material. Don't confuse yourself with too many books, select what is right for you. Let's understand with an example, think about this a car mechanic (or engineer) trying to repair a rocket with his car equipments. Am not saying he can't do that, he can but how much time and efforts it's going to take for him to do it or it's also possible that he fails.

Why?

Because he chooses the wrong equipments. But what if he chooses the right materials in the first place. Well, you knew the answer.

That why you need to choose the best NEET study material in the

first place. Choose NCERT 11th, 12th books to study as there are all chapter of NEET syllabus in those books and affiliated by CBSE.

Join NEET online mock tests.

Find best books for NEET preparation (there are a lot of NEET books that can help you in preparation). Things to consider before choosing books for NEET preparation. Always check for the updated or latest version of a book.

Must carry all NEET syllabus for the particular subject

Check ratings and reviews by users on the internet. Must include solved Question papers and sample papers. Select books from famous publications as they fulfill all requirements for student – Easy to understand, latest syllabus and previous year solved question papers, etc.

4. Don't Be Overconfident Tips for Neet Repeaters

Being a NEET repeater, you will be going to study the same material that you studied previously.

So there are high chances, You must have been bored of reading the same thing again. And because of boredom you might not feel like studying. But, our dear readers, if you are not studying enough, you are wasting yet another year. So please gather your strength and give this exam a final blow with all your might.

5. Don't forget to Practice

Practicing makes you better. The more you practice a thing the better you get at that thing. Of course, you heard this earlier isn't you. So, don't take this step lightly. Practice regularly,

solve previous year's question papers, test papers and revision papers. This will not just get you familiar with the question's patterns but also increase your speed to solving them.

Take a weekly test where you can attempt to solve the last year's question paper like an actual NEET exam with 3 hour time duration. This will remove your anxiety and nervousness and makes you better to complete the exam under time duration.

By practising regularly, you will find hard topics that need more improvement, weakness in difficult questions and analysis of mistakes that you made. This step is just strong enough for you to get higher rankings in NEET.

6. Develop a Healthy Mind

Note: This is not a tip, it's my personal concern for you and other students as well.

A healthy body possesses a healthy mind., And a healthy mind keeps you motivated and focused. So make sure to inherit a healthy mind and the best way to do that is to eat healthy foods and stay away from screens and sleep well.

I know NEET is tough and takes hard work to crack it but remember your physical and mental health is above it and most important. Don't get so deep that it costs you your health. What's the point in that. Make sure you don't get depressed and feel anxiety. Take short breaks, stay positive, and this way you will be at your best condition while taking the exam. And trust me this matters most. So, take care of your health while you prepare for the NEET.

Wrapping Up

As a NEET Repeater and dropper, you have to make sure not to duplicate the same mistakes that you made previously and stay focused on the goal of cracking until you achieve it. And we can guarantee it if you follow all the above-mentioned tips to stay motivated to your health, then cracking NEET is no big thing to you. All you have to say no to things that are distracting like games, watching movies, killing time with friends etc. and stick with the preparedness of NEET. We wish you super good luck with your hard work and determination.

Entertainment



Actor Freida Pinto talks about future projects, says "Don't want to be confined to Hollywood"

Actor Freida Pinto, who rose to fame with her role in Danny Boyle's 'Slumdog Millionaire' talked about her future projects and said that she doesn't want to confine herself to Hollywood, reported Variety. "I've always looked at cinema globally," she told Variety. "After 'Slumdog,' I could have easily played all the Indian roles, the girlfriends and sidekicks, or just gone and done something only in India."

Talking about playing challenging roles like playing a Palestinian girl in 'Miral,' which is a biographical political film directed by Julian Schnabel. "I know it's not okay these days because the world has opened up and there's so much talent," Pinto said. "But -- and I don't mean this in a pompous way -- with a film like 'Miral,' where I'm playing a Palestinian girl and it's such a controversial subject matter, they needed someone then who could put butts on seats. I now see that's why they chose me, but at the time I thought: I can see myself as x, y and z, and I feel that in me too. The way I think now is not the way I thought back then, at all. But those films opened doors and made people more aware of a whole region, which has so much talent and so many stories that are not being told frequently enough. I wouldn't do it now, but I'm very proud of what I did then." **ANI**

Kim Kardashian is all set to for the new character of a divorce lawyer in the upcoming project



American media personality, Kim Kardashian is all set to portray the role of a divorce lawyer in Ryan Murphy's upcoming legal drama. As per Variety, a US-based media outlet, the legal drama has been given a series commitment at Hulu -- which also airs reality series 'The Kardashians', and will see Kim Kardashian play a successful divorce lawyer who leads an all-woman law firm in Los Angeles.

Jon Robin Baitz, the showrunner of the Truman Capote-focused upcoming season of Murphy's "Feud," will write the series alongside Joseph Baken, a writer on "AHS" spinoff "American Horror Stories." Further details about the project are still awaited. **ANI**



Navya Naveli Nanda turn cheerleader for Agastya Nanda over 'The Archies' debut

Megastar Amitabh Bachchan's granddaughter Navya Naveli Nanda turned cheerleader for her brother Agastya Nanda, who is all set to make his acting debut with Zoya Akhtar's directorial 'The Archies'. She took to her Instagram stories to share some adorable pictures with him from their childhood days. In one of the pictures, Agastya is seen planting a kiss on his sister's cheek. She wrote in the caption, "Archie's big day tomorrow"

Another throwback picture shows them posing together lovingly. "1 day to premier night. Let's do this, junior," she wrote. Helmed by Zoya Akhtar, the film marks the acting debut of Amitabh Bachchan's grandson Agastya Nanda, Shah Rukh Khan's daughter Suhana Khan and producer Boney Kapoor's daughter Khushi Kapoor. **ANI**



Star Shah Rukh Khan drops trailer of his most awaited film 'Dunki'

Superstar Shah Rukh Khan on Tuesday unveiled the official trailer of his upcoming comedy-drama film 'Dunki'. Taking to Instagram, SRK shared the trailer, titled 'Dunki: Drop 4' which he captioned, "Yeh kahani maine shuru ki thi, Laltu se! Isey khatam bhi main hi karunga... apne Ullu de patthon ke saath. Dunki's trailer will show you a journey that began with Raju Sir's vision. It will take you through a madcap ride of friendship, the comedy and tragedy that life is and a nostalgia for home & family. Intezaar khatam hua, #DunkiDrop4 - Out Now! #Dunki releasing worldwide in cinemas on 21st December, 2023." **ANI**