



Maratha Reservation: Activist  
Manoj Jarange expressed

PG 04 >>



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## INDIA TO BHARAT

proposal accepted by a smaller committee  
and is yet to get a final nod

AV Team

Replacing India as Bharat triggered after the Centre sent G20 dinner invites hosted by President Droupadi Murmu in the name of "President of Bharat", instead of "President of India". Since then, the BJP is of opinion that the name of the country should be Bharat instead of India. Article 1(1) of the Constitution defines the name of our country as "India, that is Bharat shall be a Union of States".

In September, Prime Minister Narendra Modi's 'Bharat' nameplate was displayed on the table while he was addressing the G20 Leaders Summit at the Bharat Mandapam in Delhi's Pragati Maidan. In this race, a proposal by the National Council of Educational Research and Training (NCERT) panel to have the next set of books printed as 'Bharat' instead of India, has been accepted unanimously by its members. It is one of the 25 panels that works on changing or modifying the content of NCERT books. This proposal has only been accepted by a smaller committee and is yet to get a final nod. The proposal has now been sent to NCERT in Delhi for further review.

The NCERT panel's recommendation came against the backdrop of a debate on whether the country will be renamed 'Bharat'.

Meanwhile, the NCERT committee has also recommended highlighting "Hindu victories" in the textbooks. It has also recommended introducing 'classical history' instead of 'ancient history' in the textbooks. The committee has also recommended the introduction of the Indian Knowledge System (IKS) into the curriculum of all subjects.

We also tried to ask some of the educationist in regards to the name change recommendation by the NCERT panel over which some welcomed the recent move while some termed it as constitutional fraud.

Economist Dr. Bhalchandra Mungekar told Afternoon Voice, "NCERT's recommendation to replace 'India' by 'Bharat' is a constitutional fraud. The first article of the constitution uses the name of the country which read as 'India' i.e. 'Bharat' is union of the states that is why India is known by the both historical names. Earlier several books have been this country as 'India' and in the cultural discourse of the country it is referred as 'Bharat'

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### What if a billionaire gangster comes out of jail on bail?

Editoritis



Dr. Vaidehi

Salem was known as an underworld gangster who terrorized the Bollywood film industry by extorting money from film producers and seizing the overseas distribution rights. It is believed that Salem was the mastermind behind intimidating Bollywood film producers Gulshan Kumar, Subhash Ghai, Rajiv Rai and Rakesh Roshan. While his gang members assassinated Gulshan Kumar in 1997, they failed in their attempt to assassinate Rajiv Rai and Rakesh Roshan. He was also involved in several murders, extortion among other crimes.

In 2002, he was arrested in Portugal on charges of using a fake

passport and extradited to India. He was tried and convicted in a few cases and was sentenced to life imprisonment in 2015. The Supreme Court on Monday said the Centre is bound to honour its commitment given to Portugal and release gangster Abu Salem on completion of his 25-year sentence in the 1993 Mumbai blasts case. He was convicted for the 1993 Bombay serial blasts case, and murder of Gulshan Kumar in 1996, shooting at Indian actress Manisha's secretary, murdering a property builder and more than 50 other cases.

CONTINUED ON PAGE 02

## Editoritis

# What if a billionaire gangster comes out of jail on bail?

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*On 20 September 2002, Interpol arrested Monica Bedi in Lisbon, Portugal. They tracked his satellite phone using GPS technology. Monica Bedi was a film actress who reportedly had a relationship with him*

*A lower court in Portugal cancelled his extradition to India for violation of deportation rules by Indian authorities by instituting fresh cases against him that attracted the death penalty.*

*Abu Salem, Mustafa Dossa, and 4 others were convicted by a Special CBI court in Mumbai on 16 June 2017 in connection with the 1993 Bombay blasts case. Salem is currently lodged in Mumbai's Arthur Road Jail.*

On 20 September 2002, Interpol arrested Monica Bedi in Lisbon, Portugal. They tracked his satellite phone using GPS technology. Monica Bedi was a film actress who reportedly had a relationship with him. In February 2004, a Portugal court cleared his extradition to India to face trial in the 1993 Bombay bomb blasts case. In November 2005, Portuguese authorities handed him over to India on the assurance by the Government of India that they would not give him death penalty. When Salem was in Lisbon, fighting India's extradition attempt, the only proof that he was indeed Salem was provided by the fingerprint and photographs taken after his arrest in 1991. Monica Bedi was also extradited to India and later convicted of passport forgery in 2006 and served her imprisonment but she was not involved in any of the businesses operated by Abu Salem.

A lower court in Portugal cancelled his extradition to India for violation of deportation rules by Indian authorities by instituting fresh cases against him that attracted the death penalty. In July 2012, the Portuguese Supreme Court of Justice questioned the legal right of Indian authorities to challenge the cancellation of the extradition order. On 27 June 2013, Devendra Jagtap, an accused person in the Shahid Azmi murder case inside Taloja Central Jail in neighbouring Navi Mumbai, shot Salem. Salem sustained injury to his hand as Jagtap fired one round.

Abu Salem, Mustafa Dossa, and 4 others were convicted by a Special CBI court in Mumbai on 16 June 2017 in connection with the 1993 Bombay blasts case. Salem is currently lodged in Mumbai's Arthur Road Jail. Terrorist and Disruptive Activities (Prevention) Act Court Gives Life Imprisonment To Abu Salem in Mumbai 1993 Blast Case. In 2010, a violent clash broke out between the gangster Abu Salem and Mustafa Dossa, which led to Salem's face being slashed with a sharpened spoon.

On 7 June 2018, A Delhi court held him guilty for extorting Delhi businessman Ashok Gupta and sentenced him to seven years in prison. In 2002, Salem called Gupta asking him to

call a number in Dubai. Salem had threatened Gupta and his family. In August 2013, Punjabi singer Sukhwinder Singh Maan alias Sukha Delhi wala revealed that he would release a song composed by Abu Salem while lodged in Tihar Jail, in his next Music Album. The Music Album shall also feature many other celebrities like Rahul Mahajan and Vindu Dara Singh.

After spending years in jail Salem had said his sentence could not exceed 25 years as per a solemn assurance given by India to Portugal for his extradition in 2002. A bench of Justices S K Kaul and M M Sundresh said the Central government is bound to advise the President of India for exercise of power under Article 72 of the Constitution and the national commitment on completion of his sentence.

Abu Salem worked in the D-Company (Dawood Ibrahim gang) as a driver transporting artillery and contraband. Later he rose among the ranks after he introduced a new strategy of hiring unemployed youths from his hometown Azamgarh to come to Mumbai, execute shoot-outs and return to Azamgarh the next day remaining untraced by the Mumbai police. He is currently serving life sentence in India. He played an active role in March 1993 Bombay serial bomb blasts which killed over 250 people, left 700 damaged property worth Rs 270 million. In 1993, he left the country and moved to Dubai, United Arab Emirates when the police started rounding up suspects in serial blasts cases. Now Salem is seeking his bail and if he gets out of jail what would he be doing? He can become a politician or business owner or something else, is this not dangerous?

(With inputs from PTI)

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# Voices



## Importance of domestic sweets



- Vijay Garg

**D**omestic sweets have a great importance in any culture, as they are associated with special occasions, celebrations and festivals. Here are some reasons why domestic sweets are important:

### 1. Tradition and Culture:

Sweets are an integral part of many cultures, and they represent tradition and heritage. Every region of a country has its own unique variety of sweets, which are made with traditional ingredients and cooking methods. They often have a rich history and story behind them, representing the local cultural values.

### 2. Festivals:

Festivals and special occasions are incomplete without traditional sweets. Whether it is Diwali, Eid, Christmas or any other festival, sweets play a vital role in celebrating the occasion with family and friends. Domestic sweets are also

exchanged as gifts during festivals.

### 3. Symbol of hospitality:

Offering sweets to guests is often seen as a symbol of hospitality and welcoming in many cultures. It is a way of showing respect and affection.

### 4. Nutritional value:

Many domestic sweets are made with healthy ingredients, such as nuts, seeds, and fruits. They can provide vital nutrients and energy to the body, such as proteins, fats, and carbohydrates.

### 5. Economic significance:

The domestic sweet industry creates job opportunities for many people and supports local businesses. It also contributes to the economy through exports and tourism.

Therefore, domestic sweets hold great cultural, traditional, and nutritional value in any society.

## Letters to the Editor

### Create public awareness

After the arrest of Lalit Patil, the issue of drugs has come to the fore once again. Earlier, after Sameer Wankhede arrested Shahrukh Khan's son in a drug case, this issue became truly global. But now after the arrest of Lalit Patil, everyone is worried. People are seen expressing themselves on this issue in the media and social media. Therefore, the issue of 'drugs' is not new to us.

Even before this, public awareness about drugs has been made many times, movies have been released. However, the youth seems not to be serious about this issue. But the common youth is also addicted to drugs. And this is a matter of real concern. So the youth needs to introspect about this. The carelessness of the youth should be used for good social work. By getting addicted to drugs, they are destroying their families along with themselves. The government, police administration should conduct a strict campaign in this regard. There should be a large amount of public awareness.

Uday Waghvankar

### Unparalleled Performance from India

ICC cricket World Cup 2023 is creating a new historical record with high scoring on the board and one's individual. Previous Defend Champion England is going down but runner up New Zealand is so ahead. Indian team is not also behind, breaking NZ jinx and defeating 5time champion team Australia, has placed on top. India's collective team effort predicts to evoke 2011th's evocation once again but India won all matches till now merely chasing and yet to remain to put a high score on the board while batting first.

Team India should be ready to face all the situations. The performances of Hitman, Run Machine or Chace Master and Wicket Takers are unparalleled. They should keep it up and continue practice, the more they practice, the better result will come into view.

Tauqueer Rahmani

### Mumbai Air Quality

Nowadays, Mumbai air quality is witnessing more poor quality air than Delhi. Mumbai became the second most polluted city in the world after surpassing Delhi in terms of pollution. As to air quality, Delhi is currently the third most polluted city in the world. For the sake of keeping clean air in Mumbai, the

BMC should take care of public health as well as there are few things we need to act upon it. We need to plant additional trees along with protecting all of those that are left. Apart from this, we need to use our cars a little less and prefer public transportation instead. There's no doubt that this little endeavor will be helpful to the environment.

Jahangir Shaikh

### Celebrate Halal-free Diwali

Only due to just 15-20% Muslims, Hindus who are a majority in this country are forced to eat Halal certified products. This is a big conspiracy. There is no relation between 'Halal' and Hindus. 'Halal' is no longer limited to meat, but all the products have come under 'Halal'. It is even dangerous for the security of the nation.

The most important point is the millions of rupees earned through such 'Halal' certification is received by a few Islamic organisations instead of the Government and some of the organisations issuing such certification are using the money to extend legal aid to the religious fanatics involved in terrorist activities. It is most important to quell this parallel economy created out of 'Halal'. Hindus should, therefore, use their right as consumers and boycott all 'Halal' certified products in Diwali. Therefore,

let us boycott Halal certified products and celebrate Halal-free Diwali.

Sagar Shirodkar

### Cutting mangroves recklessly is an environmental hazard!

Cutting mangroves recklessly is an environmental hazard & high time govt make it an serious offence that attracts not just penalization but also imprisonment. Mangroves can store the carbon they took from atmosphere for decades, centuries or even millenia.

Mangroves protect us from extreme weather conditions & the fact that we have irratic climate these days is due to dwindling mangroves which are sacrificed for land development & other infrastructure projects.

Protection mangroves should be paramount & we must not be selfish but think about the wellbeing about future generations as well. Education is the need of the hour & all out efforts must be made to save mangroves at any cost!

S.N.Kabra

Readers are requested to mail  
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**No postal letters will be entertained**

(The views expressed are authors' own)

# Police seized mephedrone worth Rs 300 crore, 18 people apprehended



The Mumbai police, which seized mephedrone worth Rs 300 crore in a two-month operation, has arrested another accused who had allegedly provided the formula for manufacturing the banned substance and the manpower to set up a factory in Maharashtra's Nashik district, an official said on Friday. With the latest arrest, the police have apprehended 18 persons for their involvement so far, he said.

A team from Saki Naka police arrested Harish Pant from his residence in Vasai in neighbouring Palghar district on Thursday evening, the official said.

Pant, who hailed from Dehradun in Uttarakhand, had allegedly provided the formula for manufacturing mephedrone in large quantities and had helped the other accused Lalit Patil and his brother Bhushan Patil to set

up the factory, he said. Pant was produced before a court on Friday along with the other accused and has been remanded to police custody till October 30, the official said.

In an operation spanning two months, the police seized mephedrone worth Rs 300 crore, arrested various people from different cities and busted a drug manufacturing unit at Shindegaon MIDC industrial area in Nashik district on October 5. The accused persons had rented the place to set up a manufacturing unit in the name of another person by informing the owner that they were going to establish an insecticide factory, he said. According to officials, some of the arrested accused were also involved in the Chakan MIDC Pune drugs case. PTI

## Maratha Reservation: Activist Manoj Jarange expressed disappointment over PM Modi's visit



Activist Manoj Jarange on Friday expressed disappointment at Prime Minister Narendra Modi not mentioning about the Maratha quota struggle during his visit to Maharashtra a day earlier. PM Modi was in Shirdi in Ahmednagar district on Thursday, during which he inaugurated a devotees' complex in the renowned Sai Baba Temple, the canal network of the Nilwande Dam and the 'Namo Shetkari Mahasanman Nidhi Yojana' under which 86 lakh farmers of the state will get financial aid. Jarange, who is on a hunger strike since October 25 seeking quota in jobs and education for the Maratha community, also criticised Chief Minister Eknath Shinde and Deputy CM Devendra Fadnavis for not raising the issue with the PM.

Addressing a press conference in Antarwali Sarati, Jarange said the Maratha community holds no grudges against Modi but it was disappointing that the prime

minister did not prioritise their quota concerns. "The Maratha community had high hopes that the PM, CM and Deputy CM would address the reservation issue but these expectations were not met. Despite giving 10,000 items of evidence to the Sandeep Shinde committee (looking into the feasibility of giving Kunbi certificates to Marathas), the state government has failed to act," Jarange claimed. Incidentally, Shiv Sena (UBT) chief Uddhav Thackeray had on Thursday demanded PM Modi meet Jarange and resolve the issue of reservation for the community. "I welcome the prime minister, but he should meet Jarange and resolve the issue of granting reservation to the Maratha community," the former Maharashtra CM had said while speaking to reporters in Mumbai. Jarange began his second hunger strike on October 25, a day after his deadline to the state government to announce quota for the community ended. PTI

## ED carried out raids at pharma company promoters in money laundering case

The Enforcement Directorate on Friday carried out raids at multiple premises of Chandigarh-based pharmaceuti-

cal company Parabolic Drugs and its promoters as part of a money laundering investigation linked to an alleged bank loan fraud case, of-

ficial sources said. The searches by the central agency covered a total of 17 premises in Delhi, Mumbai, Chandigarh and Panchkula and Ambala in Haryana, they said. The action is being undertaken under the provisions of the Prevention of Money Laundering Act (PMLA) and the ED case stems from a 2021 CBI FIR against the company and its promoters Vineet Gupta and Pranav Gupta among others, the sources said.

The agency, as per the sources, is also looking at some documents from Sonepat-based Ashoka University as Vineet Gupta and Pranav Gupta have been associated with the educational institution in the past. The two had stepped down from all the boards and committees of the university in 2022, days after the CBI action.

The CBI had booked the top executives of the company in December, 2021 for allegedly defrauding a consortium led by Central Bank of India of Rs 1626.74 crore. It had subsequently raided their premises also. PTI

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### India to Bharat proposal accepted ...

If we could live with this arrangement for the last 75 years. So, what made NCERT to suddenly make changes in the name as no one has opposed to the name of 'Bharat'. Also is any substantial gain to the country by making any changes to the name. While 'India' name is used in millions of books so will the government make any changes to this. It is a mockery on the part of the NCERT to succumb to present ruling dispensation" Mungekar further added.

While Theatre Director Dr. Milind Inamdar said, "We welcome this recent recommendation as the word 'Bharat' has huge importance not only that in our

cultural languages we are using the term 'Bharat' so if the name is changed then it would be called in the same manner in the English as well also other country would also recognize the name which is used in our cultural language".

We also asked if this name change would create any impact to the student's curriculum over which Dr. Vandana Lulla director at Podar International School said, "It is a great move as it is good be something of a local name which represents more of our culture and children should not face any problem if they are getting to know about 'Bharat' as someone mentioned that 'Change is always for better."

## Tribals protested, urged govt to not include dhangar community in ST list at Thane

Several thousand Adivasis held a protest on Friday in Thane district and urged the government to not include the Dhangar community in the Scheduled Tribes (ST) list. The participants were from Thane, Palghar, Mumbai, Nashik and some other districts, said a functionary of Samyukta Adivasi Arakshan Hakka Kruti Samiti,

which organised the protest. "We are not against Dhangars getting reservation in jobs and education but it should not be at the cost of tribals," Samyukta Adivasi Arakshan Hakka Kruti Samiti president Yeshwant Palve said. A memorandum containing 11 demands of the tribals in the region was given to the collector, he added. PTI

## Nation

### "Cash for Query" case: Ethics Committee summons Mahua Moitra; says, "Will appear after Nov 5"



Senior TMC leader and MP Mahua Moitra on Friday said she won't appear before the Lok Sabha Ethics Committee on October 31 in relation to the cash-for-query allegations levelled against her by BJP MP Nishikant Dubey and instead

would appear before it after November 5. On Thursday, Dubey told the Ethics Committee that it was an "open and shut" case and Moitra should be disqualified. "Chairman, Ethics Comm announced my 31/10 summons on live TV way before official letter

emailed to me at 19.20hrs. All complaints & suo moto affidavits also released to media. I look forward to deposing immediately after my pre-scheduled constituency programmes end on Nov 4," she posted on 'X Moitra also posted the letter she had sent to the chairperson of the committee, where she said that she will be busy with post Vijay Dashami gatherings till November 4 in her constituency in West Bengal's Nadia district and requested to give her a date and time after November 5.

Dubey and advocate Jai Anant Dehdrai gave "oral evidence" to the panel against the Trinamool Congress MP on Thursday, after which its chairperson Vinod Kumar Sonkar said the committee will also seek assistance from the ministries of home affairs and IT in probing the allegations. PTI

### NewsClick case: Editor-in-Chief Prabir Purkayastha moves to court seeking release of his electronic devices seized by Delhi Police



The NewsClick's Founder and Editor-in-Chief Prabir Purkayastha has moved an application in the trial court seeking the release of his electronic devices seized by Delhi Police. HR head Amit Chakravarty has also moved a bail petition.

Notably, both were arrested recently by Delhi Police in a case filed under the anti-terror law UAPA following allegations that News Portal NewsClick received huge money for pro-China propaganda. The matter was listed before the Additional Sessions Judge Dr Hardeep Kaur on Friday, where Delhi Police sought times to file its reply on both petitions. The court fixed October 31

for a hearing on Prabir Purkayastha's petition and November 4, for a hearing on the bail petition moved by Amit Chakravarty. On October 25, the trial court had allowed the Delhi Police application which sought 9 days of further custodial remand of Prabir and Amit Chakravarty. Prabir and Amit Chakravarty on Wednesday were produced after the end of their Judicial custody period. They were earlier granted 10 days and 5 days of Judicial custody by the same court. According to the Delhi Police plea, their custodial interrogation required them to confront them with some protected witnesses and also some devices were examined and the data extracted. ANI

### Rajasthan: Two men detained for allegedly gangraping a minor girl

Two men have been detained in Rajasthan's Rajsamand for allegedly gangraping a mentally challenged minor girl, police said. "We have registered an FIR under the POCSO Act. The parents demanded a medical test from the medical board, which has been arranged at RK Hospital after talking to the CMO. Police have detained two accused and taken them into custody," said Rajsamand Assistant Superintendent of Police (ASP) Shivalal Bairwa.

The incident allegedly took place over a week ago but neither an FIR was registered in the first week nor a medical examination

of the girl was conducted. The minor's father said "I had to wait for four hours yesterday (October 25) for the complaint to be registered but still no one heard my complaint." Local BJP leaders claimed that when they got to know about the incident, they accompanied the girl and her father to the police station on October 26.

"The biggest mistake in any case under the POSCO Act is delay caused in the proceedings. The victim's father was scared and he sat in the police station throughout the day yesterday but his FIR was not registered. This morning they (police officials) informed us that the FIR had

been registered last night but the victim's family was not informed about it," said BJP District President, Mansingh Barhath.

Barhath further said, "The girl's family was being pressured to compromise. When we came to know about the incident, we ensured a medical examination was done so that those guilty are not able to escape in this case." The BJP District President further demanded the police Station House Officer (SHO) be removed from the investigation of the case. According to the father of the minor, the two detained men Shantilal and Devilal, both over 30 years old are residents of Sindesar. ANI

### CBI registers a case against private firm in bank fraud case

The Central Bureau of Investigation (CBI) on Friday registered a case against Himachal Pradesh's Una-based private company in connection with defrauding a bank. The case has been registered against Magma Autolinks Pvt. Ltd., located in the Una district in Himachal Pradesh, its directors, Tushar Sharma and Shaveta Sharma and unknown public servants.

According to the CBI, it has been alleged that the directors of said private company entered into a conspiracy among themselves and others during the years 2017-2018 and, in pursuance thereof, obtained a credit facility in the form of a term loan of Rs 9.85 crore (approximately) from UCO Bank, Mandi for the construction of a showroom, the purchase of plant and machinery and other allied items.



It was further alleged that the said accused, instead of creating the said assets, cheated the bank and siphoned off or diverted the funds to other accounts maintained with other banks under the control of the said borrowers. "Searches were conducted at four places belonging to the accused and company in Una, Kangra, etc, which led to the recovery of incriminating documents," an official statement said. ANI.

### DMK leader Kanimozhi urges Centre to secure release of 12 fisherman arrested by Maldivian authorities

DMK Parliamentary Kanimozhi on Friday urged the Centre to secure the release of 12 Tamil Nadu fishermen arrested by the Maldivian authorities allegedly for straying into their territorial waters. The men hailing from Tharuvaikulam in southern Thoothukudi district were fishing in the southern Arabian Sea. After they received an alert about a cyclone on October 20, they moved for safety and accidentally ventured

into Maldivian maritime territory near Thinadhoo island, leading to their arrest, she said. In an email addressed to Union External Affairs Minister S Jaishankar, the Thoothukudi Lok Sabha member urged him to take necessary steps to secure the release of the 12 fishermen and also their fishing boat at the earliest.

"Deeply concerned about the arrest of 12 fishermen from Tharuvaikulam in my Thoothukudi constituency by the Maldivian Coast

Guard while deep-sea fishing. I request the Ministry of External Affairs of India to swiftly intervene and ensure the safe return of our fishermen," Kanimozhi, who is DMK deputy general secretary, said posting the letter on the social media platform X. BJP state chief K Annamalai also wrote a letter to Jaishankar requesting him to facilitate the safe and swift return of the 12 fishermen arrested on Friday by the Maldivian Coast Guard. PTI

World

## US: Amid ongoing conflict between Israel and Palestine, It imposes a round of sanctions targetting Hamas-linked officials



The United States on Friday imposed a fresh round of sanctions targeting key Hamas-linked officials, financial networks and Iran-based organisations that were involved in the funding of the terror group. The US Treasury Department informed about the sanctions following the October 7 attacks on Israel by Hamas.

"Today's action targets additional assets in Hamas's invest-

ment portfolio and individuals who are facilitating sanctions evasion by Hamas-affiliated companies. Treasury is also designating a Hamas official in Iran and members of Iran's Islamic Revolutionary Guard Corps (IRGC), as well as a Gaza-based entity that has served as a conduit for illicit Iranian funds to Hamas and Palestinian Islamic Jihad (PIJ)," the statement by Treasury Department read.

US Deputy Secretary of the Treasury Wally Adeyemo said that Washington is committed to dismantling Hamas' funding and won't hesitate to take further actions. "Today's action underscores the United States' commitment to dismantling Hamas's funding networks by deploying our counterterrorism sanctions authorities and working with our global partners to deny Hamas the ability to exploit the international financial system," Adeyemo said.

He added, "We will not hesitate to take action to further degrade Hamas's ability to commit horrific terrorist attacks by relentlessly targeting its financial activities and streams of funding." One of the major names sanctioned by the US is Khaled Qaddoumi, who is a Jordanian national and longtime Hamas member who is the representative of Hamas to Iran, and acting as a liaison between Hamas and the Iranian government. ANI

## Afghanistan: Explosion at Kabul leaves four people dead



A police spokesman on Friday raised the death toll from an explosion in a mostly Shiite Muslim neighbourhood of the Afghan capital, Kabul, to four, with seven people critically injured.

The cause of the Thursday evening blast at a boxing club is still not known. Kabul police chief spokesman Khalid Zadran said the injured are in a critical condition and that the investigation into the blast is ongoing. He initially said two people died and nine were injured. Video taken after the explosion shows part of a building with its windows blown out, flames billowing inside. Shattered glass and other debris are strewn across the street below. The scale of the damage was clearer Friday morning.

There are craters in the ground and most of the club's interior has been gutted. Workers

picked their way through boxing gloves and gym equipment on the blood-splattered floor. Eyewitness Sultan Ali Amini said that at least six people died and more than 15 were injured. As you see, the walls are destroyed and all the glass and metal are broken," he said.

The reason for the lower death toll provided by the Taliban was not immediately clear. In the past, they have at times been slow to confirm casualty figures in the aftermath of attacks. The Dashti Barchi area of Kabul has been targeted in the past by the Islamic State group affiliate in the country, which has carried out major, horrific assaults on schools, hospitals and mosques. The group has also attacked other areas of Afghanistan in recent years. IS has been waging a campaign of violence since the Taliban took power in August 2021. PTI

## US announced USD 150 million for arms and equipment military aid to Kyiv



The United States announced a latest USD 150 million for arms and equipment military aid package to bolster Kyiv to fight and succeed against Russia. The US government in a latest package announces arms and equipment which includes air defense, artillery, anti-tank, and other capabilities, said a press statement from US Department of State.

The US Secretary of State, Antony Blinken said in a state-

ment on Thursday, "This new package of arms and equipment includes air defense, artillery, anti-tank, and other capabilities which will further enhance Ukraine's capacity to defend its territory against Russian offensives while continuing its counter-offensive against Russia's forces. Ukraine's forces are fighting bravely to reclaim territory seized by Russia's forces, and this additional support will help them continue making progress.

This package provides USD 150 million of arms and equipment authorized under previously directed drawdowns for Ukraine." US while reiterating its support for the war torn Ukraine noted that the US and its ally partners will continue to support Ukraine until the Russia withdraw its forces from the country.

Quoting the statement, "Russia started this war and could end it at any time by withdrawing its forces from Ukraine and stopping its brutal attacks, which continue to take the lives of innocent people. Until it does, the United States and the coalition we have built of more than 50 nations will continue to stand with Ukraine, and we will continue to work with Congress to help Ukraine secure its future - a future in which its people rebuild and live safely in a resilient and thriving democracy." ANI

## Israel- Hamas war: Israeli forces conduct another ground raid in Gaza, death toll passed 7,000

Israeli forces conducted another ground raid in Gaza in advance of an expected invasion of the Hamas-ruled territory. US warplanes, meanwhile, struck targets in eastern Syria after attacks on US forces by Iran-backed fighters, adding to regional tensions fueled by the 3-week-old Gaza war.

The Palestinian death toll passed 7,000 as Israel launched waves of airstrikes in response to the bloody Hamas rampage in southern Israel on October 7. The Health Ministry in Hamas-

ruled Gaza, which tracks the toll, released a detailed list including names and ID numbers Thursday. In the occupied West Bank, more than 110 Palestinians have been killed in violence and Israeli raids since October 7. More than 1,400 people in Israel have been killed, mostly civilians slain during the initial Hamas attack. In addition, 229 people including foreigners, children and older adults were taken by Hamas during the incursion and remain in captivity in Gaza. Four hostages were released earlier. PTI

# Expression

## Personality Development - Unlock your Hidden Potential

The definitive, step by step guide to develop a well-rounded personality



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Columnist

Personality Development is improving the quality of life by tweaking our behaviour and enhancing our strengths. Scour the internet, and you will find numerous guides on essential soft skills like communication, personal habits, interpersonal skills, etc., to develop your personality. We present Personality Defect Removal, the most overlooked part of personality development. By addressing the flaws in your personality (which are termed Personality Defects), you will be able to effect long-term positive changes that will lead to an overall increase in the quality of your physical, psychological, and spiritual health. Let us walk together on this journey of discovering and unlocking your hidden potential.

'A person's personality defects and ego may cause physical, psychological, spiritual, and monetary problems. These problems are not limited to the person, but their effects spill over to those in contact with this person. So if this person implements the Personality Defect Removal process, the benefits are not limited to the person but extend to others too'. - Sachchidananda Parabrahman Dr Athavale

The Personality Defect Removal process has been devised by Sachchidananda Parabrahman Dr Jayant Athavale, a now-retired clinical hypnotherapist of world renown. It is a simple but powerful technique to identify and replace your shortcomings with qualities that will positively impact your personality. This is the secret to real personality development.

### Personality Defects Removal Process

A lot of incidents leading to mental stress and unhappiness are generated in the lives of the people who have many personality defects. Hence, such people are depressed and unhappy. Besides, the harm caused to them can be



understood from some examples given below, both in their work life as well as personal life

- Reduction in self-confidence
- Becoming introverted and selfish
- Becoming irritable and short-tempered
- Greater possibility of these people becoming addicts
- Living in bad company and begin to steal, become hooligans, etc.

Personality defect removal (PDR) means getting rid of one's personality defects. The process of personality defect removal is a specific process, methodically and consistently implemented to overcome personality defects.

### Importance of personality defects removal

#### A. Enables us to lead a happy and ideal life

There are various harmful effects caused by personality defects such as laziness, being disorganized, being arrogant, finding faults in others, etc. In short, personality defects make life unhappy and depressing. Implementing the PDR process helps bring control over personality defects and leads to development of virtues; hence, life becomes happy and ideal.

#### B. Enables personality development in the true sense

For personality development & making it ideal, many people adopt various measures such as higher education, acquiring skills in a favourite field, studying different

languages, answering competitive examinations, body-building through exercise and play. In reality, true personality development takes place when personality defects such as fear, inability to converse and not thinking about others are overcome. Only a personality that is free of such defects can impress a person he/she deals with or society. Hence, for personality development, overcoming personality defects is essential.

#### C. Enables us to face difficult situations in life easily

Many people get psychologically disturbed in difficult situations. The PDR process makes the mind strong, improves concentration and activates the power of discrimination. It enables a person to remain firm in a difficult situation and prevents the mind from inappropriate or impulsive actions.

#### D. Enables us to remain in the forefront in today's competitive age

Implementation of the PDR process saves mental energy from being spent on unnecessary aspects. It results in optimal utilisation of the individual's ability, thereby enabling him to remain ahead in today's competitive age.

Remember that there are no shortcuts on the path to success. Promise to devote some time to the Personality Defect Removal process every single day, and you (and the people around you) will see noticeable changes in your personality.

### Personality Development in Seven Steps

1. Implementing the Personality Defect Removal process has 7 steps
2. Listing personality defects or flaws
3. Filling the Personality Defects chart
4. Framing Autosuggestions
5. Autosuggestion Sessions
6. Atonements
7. Chanting and prayers
8. Regular feedback

'In Kaliyuga, most seekers do not progress due to excessive ego and personality defects. Regardless of the path that one follows (bhakti, karma, jnana, hatha, kundalini), one must prioritise Personality Defect Removal and ego reduction'. Sachchidananda Parabrahman Dr. Athavale

### Reinforcing your qualities

Have you heard of the story where a King posed a teaser before his ministers? He drew a line and challenged his ministers to shorten it without touching or modifying it. The solution? Draw a lengthier line beside it! Similarly, if you want to overcome your personality flaws quickly, we suggest you complement your efforts with a character-building exercise called inculcating virtues. You already have good qualities in you. With this process, your mind will start focussing on the virtues that counter the character flaw you have chosen to work on.

# Entertainment

## Actor R Madhavan shares a video from his project 'Rocketry: The Nambi Effect'



Actor R Madhavan on Friday shared a behind-the-scenes video from his directorial project 'Rocketry: The Nambi Effect'. Taking to Instagram, Madhavan treated fans with a glimpse of him giving directions at the Rocketry sets.

Sharing the video, he wrote, "When you make it a little too real #Rocketrythefilm." As soon as the video was uploaded, the actor's fans and followers flooded the comment section with heart and laughing emojis. One of the users wrote, "maddy[?][?]." Another user commented, "HahaMaddy being an actor and director, still so polite. Aaj bhi RHTDM wala maddy" 'Rocketry: The Nambi Effect' is based on the life of an aerospace engineer Nambi Narayanan and his struggles and achievements.

The film was released in July 2022. R Madhavan not only plays the lead role but also serves as the director and co-writer of the film. The movie was a passion project for Madhavan, who has dedicated significant time and effort to bring the story of Nambi Narayanan to the screen. Madhavan's portrayal of Nambi Narayanan in the film was highly anticipated. He undergone a remarkable physical transformation to embody the character, sporting different looks across various phases of Nambi Narayanan's life.

ANI

Hollywood actor Michelle Lee, who specialises in shooting extreme fight sequences, has detailed how she teamed up with Katrina Kaif for shooting the towel fight scene at a Turkish hammam in 'Tiger 3'. The sequence has been widely shared on the Internet since the release of the film's trailer.

Michelle said she was not surprised that the towel fight set-piece has become one of the biggest talking points from the 'Tiger 3' trailer. The actor revealed that she rehearsed with Katrina for over two weeks before they shot the sequence. She said, "I'm not surprised. I thought it was pretty epic when we were shooting it. We learned and practiced the fight for a couple weeks and then shot it. The set design was absolutely gorgeous and the fight was really fun to do. It was wonderful being on an international film." Michelle also lauded Katrina for her dedication towards perfecting action sequences "Katrina was as graceful and professional as can be. She worked really hard on getting the movements precise and making sure all the movements flow. It was clear she had experience in choreography so it was super easy to work with her.

We worked up a sweat!" Michelle revealed that managing the towels wrapped around their bodies was the biggest challenge of shooting the Hammam sequence. "One of the main challenges was definitely the wardrobe! Our towels needed to stay in the proper place and with so much movement and fight choreography, it was definitely a challenge. We ended up having the towels sewn closed at certain points and that helped a lot," Michelle said. "Another challenge was striking each other in the perfect amount of distance so that it looks close enough to be dangerous and strong but far enough to not actually hurt each other. Can you imagine if I actually got her?! But I'm a professional lol. So things went smoothly, neither of us got hit so we just had to make it work for the camera," she said. ANI



Hollywood Actor Michelle Lee talks about towel fight scene from movie 'Tiger 3'



## Actress Kriti Sanon glams up with desi look

Actor Kriti Sanon's fashion game has always been on point. Whatever she wears, she does with grace and refinement. As the 'Ganapath' actor is busy gearing up for her upcoming projects on Friday was spotted at Mumbai's private airport giving all desi vibes.

Today, she decided to slay desi avatar in a stunning red-white saree. Kriti looked gorgeous in a white printed saree that she paired with a red V-neck blouse and matching juttis. For glam, she wore subtle makeup, a red round bindi and minimal gold accessories. Her soft curly hair definitely accentuated her ethnic look as she posed for the paparazzi. Taking to Instagram story, Kriti posted a video of herself giving a closer look to her fans.

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