



Madhya Pradesh: Poster tussle going on between Congress and

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# Afternoon

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## MSRTC Workers' Strike: ST employees have turned their backs on Adv Gunaratna's call for agitation



### AV Team

On the eve of Diwali, Advocate Gunaratna Sadavarte called for an ST workers' strike on November 6th but this year ST employees have turned their backs on his call. Even after the announcement of the strike, 100 percent of the bus trips were running smoothly from all 250 stations in the state.

It seems that the ST strike called by Gunaratna Sadavarte has failed.

An agitation called out by the MSRTC (Maharashtra State Road Transport Corporation) workers union, led by Advocate Gunaratna Sadavarte, called out to demand a 7th pay commission for the workers.

ST bus driver **Shankar Surve** said, "We did not respond to Sadavarte because he was interested in his personal benefit and fame. Last time also, he earned his share of publicity and left to fight with our fate; we lost many bus drivers to depression. Now we are

not taking this man seriously."

While some leaders said that the state government would hear out the issues and resolve it.



When we asked **Sadavarte** about the recent allegations made by the ST Workers' of personal gain and fame and the need for this strike, he told Afternoon Voice, "We have kept our demands in front of the Maharashtra government and they have agreed to it, as the current government

is not like the previous Thackeray-led government."



BJP MLC **Pravin Darekar** said, "Union Workers' are divided into various groups that have different leaders and there might be some clashes internally but as per the state government's point of view, the Shinde government will be hearing out on the issues of ST Workers' to find out the solutions."

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## What Nitish Kumar said is correct but narrative was tattered

### Editoritis



Dr. Vaidehi

Our Indian Parliament is known for more controversies. Watching porn to hitting each other or taunting women parliamentarians to demeaning some random leader is routine practice. Most of them never grew up and continued to behave like spoiled brats. Unfortunately, it has become a fashion for the parliamentarians to disrupt the working of the House to show their strength. But they are not understanding their failure in maintaining the dignity and standards of the Institution. They further are unable to understand that a meaningful debate is a much better way to corner the Government rather than to just create a ruckus in the Parliament. Regrettably, nothing can be done of it unless the

members themselves can have realisation on this. Most of the time parliamentarians have no moral compunction or ethics to be loyal to the people who have elected them and who keep them in fabulous perks. The Indian Parliament is an expression of the faith that the voters of India have in principles of democracy. These are participation by people in the decision-making process and government by consent. The Parliament in our system has immense powers because it is the representative of the people. Hope these leaders understand the emotions of people and responsibilities towards the nation.

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# What Nitish Kumar said is correct but narrative was tattered

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*What did Nitish Kumar say on sex education? He, however, apologised for his comments in the House, claiming they were misinterpreted and he felt ashamed.*

*BJP legislators demanded his resignation and called his remarks "vulgar". Nitish Kumar made the remarks after the state released the full report of the caste survey which detailed the economic conditions of various sections.*

*BJP alleged that Indian politics has not seen a leader as vulgar as Nitish Babu. His mind is infested with the worms from "B" grade adult films.*

Recently, Bihar Chief Minister Nitish Kumar's comments on the role of women's education in population control, has created controversy. He was talking about sex education that's taught in schools and his comments were misconstrued by other leaders to take political advantage. What did Nitish Kumar say on sex education? He, however, apologised for his comments in the House, claiming they were misinterpreted and he felt ashamed. Nitish Kumar highlighted how an educated married woman can influence her husband to prevent pregnancy. "When an educated girl gets married, she can help in population control by telling her husband how to go safe and this has actually helped in population control. Practically what he said is right, an educated couple, especially a woman, knows how to plan a family. Perhaps speaking brutal truth in parliament is not accepted. Education and family planning have long been tied to lower fertility trends.

Immediately the BJP legislators demanded his resignation and called his remarks "vulgar". Nitish Kumar made the remarks after the state released the full report of the caste survey which detailed the economic conditions of various sections. While his comments drew smiles, including from his deputy Tejashwi Yadav, it upset several women BJP MLAs. Whatever Nitish was saying was about sex education. People become hesitant over this topic, but it is taught in schools -- in science, biology. Children learn this. His comments should not be taken in a wrong manner.

BJP alleged that Indian politics has not seen a leader as vulgar as Nitish Babu. His mind is infested with the worms from "B" grade adult films. His double-meaning comments should be banned. The National Commission for Women has also demanded that the Chief Minister apologise. National Commission for Women, vehemently condemns the statements made by Nitish Kumar, but these leaders forgot about the BJP MLA from Tripura watching porn on his mobile phone during

the state assembly session which had gone viral on social media, sparking outrage and criticism. The MLA, Jadav Lal Nath, represents the Bagbassa constituency in the northeastern state. When the assembly was discussing issues related to the state budget. Mr Nath was scrolling through a feed of video clips, pausing and intently watching a clip that appears to be pornographic, on his phone while the speaker and other MLAs were speaking. This is not the first time that a BJP leader has been caught watching porn in a public place. In 2012, two ministers of the then BJP government in Karnataka were forced to resign after they were seen watching porn clips on their phones inside the state assembly. The ministers, Laxman Savadi and CC Patil were later reinstated by the party after a probe cleared them of any wrongdoing.

Girls and women in largely patriarchal India face a barrage of threats including rape, dowry-related murder, forced marriage, domestic violence, honor killings and human trafficking. No one is talking about that but one honest opinion of a minister bothered most of BJP leaders.

This is the problem with democracy. It doesn't require any formal or informal standard minimum qualification to contest the elections. It doesn't even require the candidates to be without a criminal record. There is a saying that if you study hard and earn some educational qualifications, you can become a teacher in a school, whereas if you don't study and waste your time, you can own an educational institution itself. If you don't get both you can own a country by becoming a politician.



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## Skills that lead to Long-Term Goals



- Vijay Garg

This is a term which is becoming more prevalent in this technological era. Since the advent of new technologies in the job market, youth are constantly trying to make themselves aware of these technologies. But have you ever wondered whether the skills you are currently learning will be as relevant to you in a few years as they are today? So whenever you try to learn something new, do not make the assumption that we can use these skills only to achieve our goals.

**Emphasize practical skills** If you truly want to learn new skills to meet your long-term goals, your focus should not just be on bookish knowledge but also on practical skills. This kind of education will encourage you throughout your life based on knowledge and education.

**Develop transferable skills** Transferable skills are known as 21st century skills, soft skills and social emotional skills. This skill helps children and youth in personal, social and economic.

Always encourages to become an adaptive student and a good citizen while dealing with challenges.

**Transferable skill:** Always inspires others to enhance their skills by sharing their knowledge and values while controlling their emotions.

**UNICEF report** According to the Transferable Skills Report released by UNICEF, today's youth live in a very challenging environment, where the labor market is constantly changing. Here, the youth also have many opportunities with new technology. So to be successful in this environment. It is important to provide quality education to children and youth from their early stages and promote knowledge, behavior and positive values for long-term skills-based learning.

**Follow the training module** If you want to develop skill-based knowledge not just for targets but also for long-term goals, you will have to change your traditional learning techniques. To develop skill based education, research based work should be done even while studying in school and college. There should be an opportunity to do training modules and field based work.

## Letters to the Editor

### Prediction for goodness of Indian and Malaysian external affair minister's meeting

The meeting between the Indian and Malaysian external affairs ministers aimed to strengthen ties between the two countries, with a focus on exploring new areas of cooperation such as digital, renewable energies, semiconductors, and space. The bilateral Joint Commission Meeting (JCM) was co-chaired by external affairs minister S Jaishankar and his Malaysian counterpart Zambry Abdul Kadir.

During the meeting, both ministers discussed their perspectives on the Indo-Pacific, ASEAN, West Asia, and other regional and global issues. They also highlighted the importance of boosting bilateral ties and comprehensively reviewing their relations. Additionally, it was noted that in 2022, India was Malaysia's 11th largest trading partner, with total trade amounting to \$19.63 billion, representing a 23.6% increase compared to the previous year. Like this India

should be strong steps in every field.

**Md Mofidul Islam**

### Controversial Time Out Rule

Cricket and controversy have had an unfortunate relationship forever. Another controversy erupted when the Sri Lankan batsman Angelo Mathews was timed out in the ongoing World Cup match against Bangladesh. The appeal, made by Bangladeshi captain Shakib Al Hasan was according to the rules, but he is being denounced for his appeal. If someone has objection, they should criticise the ICC for making this sort of rules, not the players. It is evident that the teams and captains always look for the chance to ensure the team wins. And that is why they never want to lose any chance for it, and Bangladeshi captain did the same. He did not do anything wrong that could lead him to be criticised.

**Hassan Khan**

### Health is the biggest wealth in life & citizens I am sure will ensure a safe as well as a pollutant-free Diwali!

Diwali is India's biggest festival & HC's decision of putting on for ensuring pollution-free environment on citizens

is laudable. Health is the biggest wealth in life & citizens I am sure will be careful in their choice of firecrackers to not just have a safe festival but an pollutant free as well.

Firecrackers sound can be deafening for animals & bad for the elderly but we can still enjoy 'Diwali' Without the noise & pollution by exchanging greetings as well as sweets for a prosperous New Year!

**S.N.Kabra**

### Great Maxwell not Glenn

From 7 for 91 to 7 for 292 and the unforgettable victory, the batting was immense and amazing, not Glenn Maxwell, but the "Great Maxwell". The Australians were in a poor state of 91 for 7 in 18.3 overs. At that time, Australia's odds of winning the match were only 2%. In such a situation, Glenn Maxwell scored 201 off 128 balls in a tussle with the injured Glenn Maxwell and his partner, captain Pat Cummins, making it the fastest double century in a World Cup. In the 22nd over, Mujeeb ur Rehman dropped an easy catch to Maxwell in the short final off Noor Ahmed's gondaj, and from there on, the game became more and more difficult for Afghanistan, changing the game. And was blasting sixes. Not only will this unforgettable World Cup innings go down in history, but Glenn Maxwell will also go down as the

"Great Maxwell" for sure.

**Dattaprasad Shirodkar**

### No comparison between Master Blaster and King Kohli

Virat Kohli equaled legendary batsman Sachin Tendulkar's record of 49 ODI tons with a brilliant 101 not out against South Africa. It strengthened Kohli's case of being one of the greatest players of modern times. Many cricket spectators are comparing Virat Kohli with cricket legend Sachin Tendulkar. Yes! Of course, Virat Kohli is also an absolute batsman. His contribution to the Indian team will be remembered, but there should not be comparison between both of them. Because Master Blaster paved the way in all spheres of the cricket for the upcoming generation. The remarkable milestone of being the first to score a double century in the white ball format is unforgettable. Although his playing years ended in 2013, his legacy continues to inspire millions around the world. Over all, both are great in his place.

**Jahangir Ali**

Readers are requested to mail Letters to the Editor only at

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**No postal letters will be entertained**

(The views expressed are authors' own)

## Patra Chawl land scam: Witness of the case receives threat letters



A threat letter was hurled into the home of Swapna Sujeet Patkar, a witness in the Enforcement Directorate's money laundering probe tied to the alleged Patra Chawl land scam, in Mumbai on Wednesday, a police official said.

According to the Vakola police official, a bottle was thrown into Patkar's bungalow in the Kalina area around 1 am. When

she inquired with her bodyguard and other employees, she was told that it contained a letter.

The official said Patkar informed the police control room about the incident and a team was sent to her place. "You have fluttered too much. Who is going to save you? Don't make noise in court, and don't take big names. You have not shed your arrogance even after your

work, bank account and life have been blocked," read the letter written in Marathi, the official said.

A non-cognizable offence has been registered under section 506 (criminal intimidation) of the Indian Penal Code, the official said, adding that footage of CCTV cameras installed at the spot was being scanned. The ED probe pertains to the alleged financial irregularities in the redevelopment of the Patra 'chawl' in suburban Goregaon in Mumbai and related financial transactions. The agency had last year arrested Shiv Sena (UBT) leader and MP Sanjay Raut in connection with the case. He secured bail later. In July last year, the police had registered a case against Raut on the charge of insulting the modesty of a woman on a complaint by Patkar, the official added. **PTI**

## Chemical test reveals presence of toxic substances in firecrackers



Mumbai-based Awaaz Foundation has written to the police and Maharashtra government after a chemical test revealed the presence of highly toxic substances in firecrackers.

The organisation along with the Maharashtra Pollution Control Board (MPCB) had tested noise levels of firecrackers and found that they all fell within the permissible decibel limit of 120, the foundation's convener

Sumaira Abdulali said.

However, a test that the organisation conducted independently revealed the presence of toxic chemicals such as arsenic, sulphur, barium and chlorine in firecrackers, she said.

"For the first time since we started testing in 2008 all crackers have fallen within permissible decibel limit of 120. The maximum was 114 from a series of 10,000 crackers," Abdulali said. **PTI**

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## MSRTC Workers' Strike: ST employees have ...

Some opposition leaders have differences of opinion in this regard; they believe that "Sadavarte is misusing the workers, as he has called for the strike only for his personal gains and political advantage."



"Sadavarte has misled the workers of MSRTC," said union leader **Shashank Rao**. "Leaders of the union workers need to protest for their rights but Sadavarte is a lawyer by profession; he is basking the opportunity for his own advantage; he has done fraud at ST Workers Bank."



Reacting to the recent allegations and issues of the workers strike, BJP MLC **Sadabhau Khot** said, "Our union workers are not supporting the strike as we are in dialogue with the government and they will be looking

into the matter. Ahead of Diwali, we don't want commuters to face inconvenience."



**Manohar Mane**, a frequent traveler, said, "The union of MSRTC workers should understand that they shouldn't go on strike ahead of the festival. People travel to meet their family or relatives; there can even be a medical emergency. Students won't be able to travel from place to place. In this situation, private travelers charge too much".



**Kamgar Ramesh Jadhav** said, "There might be some clashes among the workers as some people would support their union leader's words while some of them would stand for their rights and we would also support those people who are correct".

## Shinde-Fadnavis govt reverses half a dozen decisions of previous MVA dispensation



The Eknath Shinde-BJP government in Maharashtra has either stayed or reversed at least half a dozen decisions taken by the previous Maha Vikas Aghadi (MVA) regime including shifting of the Aarey Metro car shed and restoring general consent to the CBI to probe cases in the state.

These decisions include restoring the voting rights of farmers to Agriculture Produce Marketing Committee (APMC) markets, restarting pension for the people jailed during the Emergency, and electing village heads and municipal council presidents directly from the people. **PTI**

## Thackeray visits Aurangabad to assess crop damage, demands declaration of 'wet drought'

Shiv Sena (Uddhav Balasaheb Thackeray) president and former CM Uddhav Thackeray visited the Pandharpur and Dahegaon villages in the Aurangabad district to assess crop damage due to rain.

Thackeray demanded the Maharashtra government declare "wet drought" in the state and provide Rs 50,000 per hectare as compensation to farmers affected by rains without waiting for the loss assessment reports.

## Sharad Pawar says he will participate in Cong's Bharat Jodo Yatra in Maharashtra

NCMP president Sharad Pawar said he will participate in the Congress's Bharat Jodo Yatra when it enters Maharashtra as an attempt is being made through it to bring harmony in society.

Pawar said state Congress leaders Ashok Chavan and Balasaheb Thorat had met him and extended an invitation to participate in the Bharat Jodo Yatra, a mass outreach programme, when it enters the state on November 7

## IMD announces withdrawal of monsoon from Mumbai on Sunday

The Indian Meteorological Department on Sunday announced the withdrawal of southwest monsoon from Mumbai, and all the remaining parts of the country. The official date for withdrawal of southwest monsoon from Mumbai was October 8.

In 2021, the withdrawal of monsoon was declared on October 14, and in 2020, it was on October 28.

The total rainfall received in the month of October this is is 216 mm. This is the highest monthly rainfall recorded in Mumbai since 2012.

Nation

# Madhya Pradesh: Poster tussle going on between Congress and BJP, Former CM Kamal Nath reports complaint to EC

Madhya Pradesh Congress has accused the Bharatiya Janata Party (BJP) for putting a poster against Former CM Kamal Nath in Indore and reported a complaint to Election Commission (EC) for the same on Wednesday. The poster has been put up at Bada Ganpati area in the Indore-1 assembly constituency in the name of Madhya Pradesh Yuva Manch in the city. It is written in the poster that "The originator of terrorism in Punjab Kamal Nath, is he eligible to become the Chief Minister?"

Madhya Pradesh Congress Secretary Rakesh Singh Yadav has complained to the Election Commission in the matter following which the removal squad of the Municipal Corporation removed the poster. After the complaint, Yadav said, "BJP candidate from Indore-1 assembly seat



Kailash Vijayvargiya and BJP leader Narendra Saluja, who was expelled from Congress party, together got this poster put up by the Municipal Corporation team in Bada Ganpati area in the city. There is also a police checking point in this area but the poster has been put up at around 3 am in the night here. We have complained about this to the Election Commission." Apart from this,

while demanding deployment of paramilitary force in the constituency, the Congress said that the Indore-1 assembly seat should be declared sensitive.

Hitting back on the allegations, BJP leader Narendra Saluja said that the BJP did not believe in dirty politics and contested elections on the issue of development. "The Bharatiya Janata Party does not believe in dirty

politics. We contest elections on the issue of development. The Congress plays this kind of dirty politics. This is the factionalism of Congress, they have got such posters hung and trying to defame the BJP.

There are many groups in Congress which did not get tickets, they have put up such posters and are defaming the BJP," Saluja said. "There is a fake leader of

Congress, Rakesh Singh Yadav, he always tells lies and his own party is angry with his frauds. And now he is alleging that Kailash Vijayvargiya and Narendra Saluja have put up these posters. Nowadays, it is the era of CCTV, the footage will be released and evidence will also be found. I was sleeping at my house which was captured in the CCTV footage," he added.

The BJP leader further alleged that whatever was written on the poster was correct. "Although it is true that Kamal Nath's name comes up as the originator of 1984 anti-Sikh riots and whatever is written on the poster is correct. Priyanka Gandhi is also coming to hold a road show in this area today and this is a conspiracy of Congress to defame Kamal Nath. Many people are eyeing the post of Kamal Nath," Saluja added. ANI

## Karnataka: HC granted conditional bail to Shivamurthy Murugha in alleged sexual harassment case

The High Court of Karnataka has granted conditional bail to Shivamurthy Murugha Sharanaru, the chief pontiff of Murugha Mutt in Chiradurga, in connection with alleged sexual harassment of minor girls.

The High Court on Wednesday granted bail with certain conditions, including that the Seer cannot enter Chitradurga district. The bench of Justice Srinivas Harish Kumar passed



the order after hearing the bail plea filed by the Seer against a surety bond of Rs 2 lakh.

As per the order, the chief pontiff cannot be released from

jail, though he was granted bail, as two rape cases have been registered against him and the investigation into the matter is still underway. Also, a bail application in another case is pending before the court. The chief pontiff was arrested by the Karnataka Police on September 1 last year for the alleged sexual assault of two minor girls in the POCSO act. According to the victim girls, they were sexually abused by the seer for about two years. ANI

## Cash for Query row: BJP MP Nishikant Dubey claims that "CBI probe ordered against Mahua Moitra"

BJP MP Nishikant Dubey on Wednesday claimed that anti-corruption ombudsman Lokpal has ordered a Central Bureau of Investigation (CBI) based on his complaint in the 'Cash for Query' row. In a post on X, Nishikant Dubey said, "Lokpal today, based on my complaint, ordered a CBI inquiry against MP Mahua ji, who committed corruption by mortgaging national security."

Earlier, Dubey lodged a complaint with the Lokpal against the Trinamool Congress leader on October 21. "(I am) tired of hearing CBI, CBI. I filed a complaint (against Mahua Moitra) with the Lokpal today. The Lokpal is the only authority that is mandated to look into complaints of corruption or impropriety against MPs, ministers, or other people's representatives," Nishikant Dubey said. Reacting to the news about the CBI initiating the inquiry, Mahua Moitra retorted by once again dragging



in the Adani group. "For media calling me, my answer is: 1. CBI needs to first file FIR on Rs 13,000 crore Adani coal scam 2. The national security issue is how dodgy FPI-owned (inc Chinese and UAE) Adani firms are buying Indian ports and airports with Home Ministry clearance. Then CBI is welcome to come and count my shoes," Moitra posted on X.

Meanwhile, the Ethics Committee of the Lok Sabha, which is investigating the cash-for-query allegations against Trinamool Congress MP Mahua Moitra by BJP MP Nishikant Dubey, will now meet on November 9 for the "consideration and adoption" of its draft report. ANI

## Delhi High Court directed govt to declare the un-encroached forest area as reserved forest

While dealing with a bunch of petitions, the Delhi High Court on Wednesday directed the Delhi Government to declare the un-encroached forest area as reserved forest in the national capital under Section 20 of the Indian Forest Act. This order was passed in view of the order by the National Green Tribunal (NGT) in January 2021.

Justice Jasmeet Singh directed the Chief Secretary of



the Delhi Government to issue a notification declaring the un-encroached forest area as a reserved forest within two weeks. A contempt of court notice shall be issued in case of failure, the court ruled. It also pulled up the Delhi

government for its failure to protect the forest. "If the notification is not issued, a contempt of court notice will be issued to the Chief Secretary," Justice Singh warned. The matter will be heard on December 15. ANI

World

# US polls: Former New Jersey Governor and candidate Chris Christie claimed his party's nominee made a "huge mistake" over association with Donald Trump

Former New Jersey Governor and 2024 Republican Party Presidential candidate Chris Christie claimed his party's Kentucky gubernatorial nominee, Daniel Cameron made a "huge mistake" in associating himself with former United States President Donald Trump. Christie, a former governor of New Jersey, said Trump's endorsement of Cameron in both the Grand Old Party (Republican) primary and the general election was an error and doomed the Republican's bid for Kentucky governor, reported The Hill.

"Daniel Cameron made a huge mistake by embracing Donald Trump and selling his soul to him. And that's what he did," Christie said on CNN after Cameron's pro-



jected loss, according to The Hill. Even though Kentucky is a red (Republican) state, and Cameron was endorsed by the former Republican President, Christie feels that this only served as a detriment to Cameron's campaign.



"And the voters of Kentucky, a very red state, as you noted, gave their verdict on politicians who sell their soul to Donald Trump," the daily cited Cameron as saying.

Trump held the presidential



office for a single term, which makes him eligible to compete again for the US presidency again at the 60th quadrennial presidential elections being held on November 5, 2024. As per a hypothetical rematch in the latest

CNN poll conducted by SSRS, the former President narrowly leads President Joe Biden, 49 per cent to 45 per cent among registered voters, CNN reported. Cameron had been seen as a growing presence in the Republican Party, however, he lost his bid to unseat Democratic incumbent Governor Andy Beshear. "Daniel Cameron was a rising star in the Republican Party until he decided to throw his lot in with Donald Trump," Christie said. "I mean, let's face it: Donald Trump is political and electoral poison down ballot," The Hill reported. Christie is one of the former president's most prominent Republican critics and is running against Trump in the 2024 Republican primary. ANI

## US asks Israeli government to distinguish between Hamas terrorists and Palestinian civilians amid ongoing conflict

The US has asked the Israeli government to distinguish between Hamas terrorists and Palestinian civilians as Israel intensified its retaliation in the region after Hamas launched a surprise attack on October 7. "We have raised directly with the Israeli Government about the need to distinguish between Hamas terrorists and Palestinian civilians. This is something that the Secretary has raised directly on his travels. We even laid out that we believe that there are commitments that can be made additionally on dealing with protecting civilian life more effectively, and we're watching very closely to make sure that happens," said US

State Department Principal Deputy Spokesperson Vedant Patel.

The remarks came during the US Department of State's weekly press briefing on Tuesday. He also went on to clarify the US stand on the 'humanitarian pause' in Gaza adding that it wants to make sure that with the entrance of aid in Gaza, Hamas will not again regroup and a passage for releasing hostages will be ensured.

He said, "We have also been incredibly clear to Hizbollah and any other malign actors that they should not use this opportunity to widen this conflict. And when we're talking about a humanitarian pause, what we are talking

about is conditions that simultaneously ensure that Hamas is not in a position in which it can regroup, restrengthen itself, position itself in a way to further conduct attacks on the Israeli people while also creating conditions that perhaps will allow for the further provision of humanitarian aid into Gaza that will perhaps allow conditions that other hostages can be released as well." He added further, "We want conditions created that will allow for the entrance of additional humanitarian aid into Gaza. We want the conditions to be such that will allow potentially for additional hostages to be released by Hamas." ANI

## PoK: A shutter-down and wheel-jam strike was done by protestors against the "sky-high power tariff"



Pakistan-occupied Kashmir witnessed a shutter-down and wheel-jam strike on Tuesday as part of an ongoing protest campaign by civil society against the "sky-high power tariff" as well as for the resolution of other issues, Dawn News reported on Wednesday. During the strike, all the businesses remained closed and traffic crawled near Mangla Dam, one of the largest multipurpose water bodies used for irrigation and hydroelectric power in the country.

As per the Pakistan-based news daily, the strike call was given by the District Bar Association (DBA), headed by firebrand Chaudhry Kamran Tariq, in collaboration with the civil society organisations, mainly the Mirpur Protection Forum, Anjuman-i-

Tajran, Chamber of Commerce and Industry and Transporters Union. According to witnesses, many people from the suburban areas also participated in a demonstration, held in the lakeside city's famous Chowk-e-Shaheed-an in this regard.

On September 5, an effective shutter down strike was observed in the Mirpur division, comprising three districts, following which PoK Premier Chaudhry Anwarul Haq held a meeting with a representative delegation from Mirpur's civil society, led by Tariq, in a bid to allay their concerns. Dawn News reported that the Haq had promised the delegation that he would ensure relief to the people over the next 45 days, which ended on November 2. ANI

## World is at path to produce 110 per cent more fossil fuels by 2030, Reports

The world is on a path to produce 110 per cent more fossil fuels by 2030 than would be consistent with limiting warming to 1.5 degrees Celsius, according to a report. The fourth edition of 'The Production Gap Report' released on Wednesday has revealed that annual oil and gas production is projected to increase by 27 per cent and 25 per cent by 2030 and by 29 percent and 41 per cent by 2050, respectively.

The report states that annual global coal production is projected to increase by 10 per cent between 2020 and 2030, with a near-term increase in production led by India, Indonesia, and Russia. This comes despite 151 national governments having pledged to achieve net-zero emissions. In 2015, the countries signed the Paris Agreement and pledged to limit the average temperature rise to below 2 degrees, while actively aiming for

1.5 degrees above industrial levels. However, the latest forecasts suggest global coal, oil, and gas demand will peak this decade. "Governments are planning on producing around 110 per cent more fossil fuels in 2030 than would be consistent with limiting warming to 1.5 degrees Celsius, and 69 per cent more than would be consistent with limiting warming to 2 degrees Celsius," the report mentions. ANI

## Expression

# Smile: A Precious Gift of Health, Prosperity and Stress Relief



Lalit Garg

Columnist

The idea of World Smile Day was proposed by Harvey Ball, an American commercial artist from Worcester, Massachusetts. The iconic smiley face was created by him in 1963. Since then, it has captured everyone's attention to celebrate joy. The first Smile Day in 1999 was celebrated with enthusiasm and pomp without any hindrance, because a smile is an expression which contains solutions to many problems and troubles. In 2001, after Harvey passed away, the Harvey Ball World Smile Foundation was established as a tribute to the 'smiley' creator.

According to Harvey Ball, the Massachusetts artist who founded this day, we should all dedicate one day every year to smiling and being kind to the whole world. Because the smiling face does not know any political, geographical or religious things. Instead of smiling just today, make it a habit to smile every day. This will not only ease your problems but your loved ones will also be happy to see you.

Smiling is essential for good health, mental peace and overall development. Today's life is full of stress, unrest, worries and problems, there is a strong need for a smile. Because laughing and smiling is very helpful in everyone's physical, mental, emotional and intellectual development.

Smiling is the key to success in our life, it is also the solution to many problems. Smile is a balm that heals the wounds of a sad heart. There is exercise for our face and rest for our mind. Research says that as we grow older, we smile less. We have become old because we have stopped smiling. Mother Teresa said, peace begins with a smile. Your happiness starts from your lips. This year on World Smile Day, don't forget to curl your lips a little. It will be contagious and create a positive environment around you.

One mantra of health is to smile openly. We should smile and keep smiling no matter what happens is the mantra of a successful and meaningful life. But sometimes the whole day passes without a smile. There are clouds of sadness and restlessness, the sunshine of smiles cannot bloom.

Smiling and laughing is such a positive emotion which makes not only the internal but also the external



appearance of a person prosperous and effective. Smile is a powerful emotion which has the ability to energize a person and make the world peaceful. It affects the electro-magnetic field of the person and transmits positive energy to the person. When a person smiles in a group, his smile spreads positive energy in the entire environment.

In today's stressful environment, people are forgetting their smile and laughter, resulting in inviting stress-related diseases like high blood pressure, diabetes, migraine, hysteria, madness, depression etc. Smiling increases energy and oxygen circulation. Smiling openly strengthens the components of the body. It also increases the speed of blood circulation in the body. Apart from this the digestive system functions more efficiently. That is why doctors also say that smiling is useful for patients suffering from every disease. Because by saying loudly and smiling, every part of the body gets movement. Due to this, the hormone producing system (endorphin gland) present in the body starts functioning smoothly, which is helpful in getting rid of many diseases.

The people who make us smile through their words, actions and thoughts remain etched in our memories. We may like or dislike someone for many reasons. But in the long run, the people who deserve our love are those who make us laugh and bring a smile to our faces. Perhaps that is why Victor Borg says, 'Laughter is the shortest bridge to cross the distance between two people.' Laughing and smiling is such a precious gift, which nature has bestowed only on humans. Humor and smile are a universal language. It has the ability to integrate humanity irrespective of caste, religion, colour, gender. This is an initiative to connect man to man. Smiles

and laughter are capable of creating a new world by connecting different communities. This idea may seem imaginary, but people have a deep belief that only laughter and smiles can unite the world.

Both happiness and sorrow are two sides of a coin. If a person remains cheerful in both situations, his mind always remains under control and he can stay away from worries. Smiling brightens the soul. With this you not only get pleasure but also make others happy. Humour and smile is the enemy of pain, a sure cure for despair and anxiety and a panacea for sorrows. Laughing and smiling brings enthusiasm to the body and mind and smiling from the heart is no less than a medicine. Smile works as a great tonic. Prominent scholars and thinkers like Thackeray and Shakespeare have also confirmed that a happy person lives longer. There is a scale to measure the satisfaction of human soul, physical health and stability of intellect and that is the happiness on the face. Professor Sophie Scott of the University of London says, 'Through laughter, our subconscious mind signals that we are relaxed and feeling safe.'

Hotei was a disciple of Lord Buddha in Japan. He was a beggar of very humble nature. He believed in living life in a very detached and neutral manner. Whatever work he was doing, he would become completely immersed in it. There is a belief in Japan that once Hotei became so enthralled while meditating that he started laughing and smiling loudly while meditating. Only after this amazing incident, people started addressing him by the name of Laughing Buddha. Traveling, exploring the country, giving smiles and happiness to people became the aim of the Laughing Buddha. Laughing Buddha is also known as Putai in China. Chinese

people see him from the perspective of a beggar who, with a bag of money and grains in one hand, shows his big belly and slim body with a cheerful face and gives positive energy to everyone while smiling. He is also considered a messenger of prosperity and happiness and a symbol of removal of Vaastu defects in homes. In countries like Japan, people teach their children to laugh and smile right from the beginning, so that their future generation is capable and bright.

Most of the countries of the world are afraid of terrorism; there is a chaos of panic and unrest inside every person. In such times, only a smile can spread positive energy across the world. Harvard University professor Teresa Amabile has said that our brain is most creative when we laugh. We should promote laughter and smiling not only in the family environment but also in the office. The office environment should be one of harmony and laughter, so that enthusiasm for work can be spread among the team. Smiling can prove effective for a beautiful face. Smiling increases, the body's immunity, which increases a person's self-confidence. Medical experiments have found that smiling for 10 minutes' results in two hours of deep sleep.

People who smile become many friends and in this way the feeling of brotherhood and unity arises in them, we never realize when. Every human being is troubled by fear, insecurity and terrorism, and then the great need of 'Smile Day' is felt. Never before has this much unrest been seen in this world. In this busy, turbulent and stressful life, people should take out at least one day for them and smile with full heart.

# Entertainment

The upcoming episodes of the popular chat show 'Koffee with Karan 8' will feature actors like Sara Ali Khan, Ananya Panday, Kareena Kapoor Khan, Alia Bhatt, Ajay Devgn and Rohit Shetty among others. On 'Koffee with Karan' celebs are often seen speaking candidly about their relationships, breakups or differences with co-stars. In one of the episodes, Karan Johar will also be seen talking about his past rifts with his closest friends Kareena Kapoor Khan and Kajol.

Karan revealed, "Twice in my life, I had differences with close friends of mine. One was with Kareena way back in 2003, we didn't speak for a year and half. It was over a film, it was over Kal Ho Na Ho and it was only when my father was diagnosed with cancer that actually she called me, she was silent, I was silent. She was like I don't know what to say, I said, don't say anything, I know you are there. When he passed away, she was in Bangkok, we still had not mended, the point she landed from her shoot, she came home. We spent all night just chatting. We went back to where we were. When we fought, I said I am never going to speak with her again."

Talking about his rift with Kajol he said, "It happened years later, with Kajol, which was also like such an emotional bond. We felt we would never be together, both landed up. I remember messaging Kajol when my babies were born and we haven't spoken in two years. I just sent her images of Yash and Roohi. I said you don't need to reply but these are what my children look like - Yash and Roohi. She messaged back and she said, I am just full of love right now. Month later, she said it's my birthday, you don't have to come but I went. We hugged, we cried and it was done." **ANI**



## 'Koffee with Karan season 8: Karan Johar talks about clashes actors Kareena and Kajol



Fans have been eagerly waiting to see Ranbir Kapoor in a complete action avatar in director Sandeep Reddy Vanga's upcoming film 'Animal'. The film is all set to hit the theatres on December 1.

To increase the fans' excitement for the film, Vanga recently shared an unseen picture from the sets of 'Animal'. Taking to Instagram, Vanga dropped a picture in which he could be seen talking to Ranbir.

The 'Brahmastra' actor is seen donning a black jacket, paired with black pants and in his long-haired look. Vanga, on the other hand, is seen in a dark blue shirt paired with blue denims. 'Animal' also stars Anil Kapoor in an important role and Bobby Deol as an antagonist. Bhushan Kumar and Krishan Kumar's T-Series, Murad Khetani's Cine1 Studios and Pranay Reddy Vanga's Bhadrakali Pictures have backed 'Animal'. The Sandeep Reddy Vanga-directed film is in the crime drama genre and promises to take viewers on a thrilling ride on December 1. **ANI**

## Director Sandeep Reddy Vanga shares interesting pictures from sets of 'Animal'

## Rapper Raja Kumari says, "She is a force to reckon with" over working with actor Sushmita Sen

Rapper Raja Kumari on Wednesday shared her experience of working with actor Sushmita Sen. After singing the 'Jawan' theme for superstar Shah Rukh Khan, the Indian-American singer has now come up with a song 'Sherni Aayi' from Sushmita Sen-starrer 'Aarya 3'.

Talking to ANI, she spoke about her experience of working with the 'Taali' actor and said, "Sushmita is a force to reckon with. She is such a powerful 'sherni'. Working with her and being on set with her when she was being in her professional space was such an amazing learning experience..."

The song's video shows Sushmita in fierce avatar as Arya Sareen. Raja Kumari undoubtedly roars with her powerful vocal. Speaking about her Bollywood journey, she said, "I have no complaints. My Bollywood journey looks like a wishlist from a baby NRI girl growing up, thinking about going to Bombay one day..." **ANI**

