



Authorities bulldoze structures used for pelting stones during Nuh clashes

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UP HORROR: 2 MINORS WERE FORCED TO DRINK URINE, 6 ARRESTED, DISTURBING VIDEO GOES VIRAL

Two boys were allegedly stripped and tortured with chilli powder in their private parts in Uttar Pradesh's Siddharthnagar, police said on Sunday. A video of the incident also went viral on social media, prompting police to take action and arrest six accused.

"A viral video on social media has come to light in Thana Pathra Bazaar regarding objectionable acts with two minor boys. We took cognizance of the incident, and a case under relevant sections of the IPC has been registered," ASP Siddharatha said. "Six people have been arrested in connection to

the incident. We are further looking into the case," the ASP added.

Following the incident, the National Commission for Protection of Child Rights (NCPCR) Chairperson, Priyank Kanoongo, took to Twitter and said that NCPCR has taken cognizance of the Uttar Pradesh's Sid-

dharthnagar children sexual assault case, and that the accused will not be spared.

"This is a case under The Protection of Children from Sexual Offences Act (POCSO), none of the guilty will be spared," the NCPCR chief added. The police were further looking into the case. ANI

Why is our society so judgemental about Fakir Sadhus?

Editoritis



Dr. Vaidehi

In the era where the promotion of Hinduism is at the peak, sadhus are randomly leeches or humiliated in India. Two years ago two Hindu sadhus were brutally lynched to death by a frenzied mob of more than 100 people in the town of Palghar. This issue became a political saga, there was a lot of blame game and finally the Maharashtra government got toppled on the issue of Hindutva. Eknath Shinde was projected as flag bearer of Hindu and he became CM of state. After coming to power both Shinde and Fadnavis forgot this topic and now there is no cry for justice.

Similarly common people also got carried away with the propaganda and joined the campaign #Justiceforsadhus. The WhatsApp

forums and social media sites were flooded with agendas but now some people have turned mute. Conditioning plays a vital role in creating a fake narrative. Are we really bothered about the saints and sadhus of India?

I would be sharing one personal experience here. Few days back one Fakir Sadhu walked from Uttarakhand to Mumbai for some research work with "Hindu education and research foundation." In spite of having his state CM and lakhs of rich disciples at his feet he chose to walk. He calls himself a Fakir (beggar) he prefers no extravagances.

CONTINUED ON PAGE 02

Editoritis

Rahul Gandhi has begun to attack Adani directly. If he does not stop, it would have created a lot of headaches for Modi and BJP, they actually needed to clutch him and his statement was used as a tool.

This entire saga was politically motivated vendetta. What was wrong in his statement, Nirav Modi, Lalit Modi has of course looted our country, so if that is applied

Whom does it help? Who gets affected? India has a particularly strict criminal defamation law compared to many other democracies.

Why is our society so judgemental about Fakir Sadhus?

▶▶▶ PAGE 1

He wanted to rest on the footpaths but one of the ministers of Uttarakhand and a spiritual leader informed me that Fakir baba is coming to Mumbai if possible to meet him. I invited him home because his proficiency in explaining Vedas and Sanskrit are amazing. He speaks good Sanskrit, English, Hindi, Spanish and other languages. Being Shiva worshipper, he recites all related vedas with utmost devotion. Maybe we wanted to experience that.

It took almost four days for him to reach Mumbai. He was tired, soaked in dust, and also unwell. After walking miles alone he finally entered our building and my watchman objected to his entry assuming he was a beggar. Some residents were making unnecessary noises by judging him through their own actions. Somehow I told the watchman to guide him to come home. I thought this humiliation might have bothered him. I was feeling guilty. Even I cannot blame my building people because when a person looks like a popper or beggar, we don't trust them but start arbitrating. Security is the prime concern for all; this baba is known to me so I can take responsibility. There are goons who enter the complex in the guise of something and commit crime. The hesitation is justified. But when it comes to the incidence of sadhus getting killed or trashed we get hyper because it happened somewhere else. A biggest challenge is to identify the guanine.

Hinduism does not reject Sadhu who is not lavish. There are three types of religious leaders in our country. The one who is so called famous where politicians and the public fall in line to meet them at least once. The other religious leaders follow the political leaders wagging their tails so that they can click pictures and glorify themselves. Third, who remain detached from this world and dedicate themselves to God and religion. But these third category people have no face because they don't belong to social media, they don't keep phones or they don't look presentable with that fanfare. This rare species of spiritual leader is always under attack due to mistrust and fear. That is what exactly happened with the Palghar killing, people failed to acknowledge them as sadhus.

After the Palghar incident Sadhus of the Juna Akhada had come from Mathura (UP) in a Bolero car to Lavanga in Sangli District and were asking for directions to an address. The local people thought that the Sadhus were intending to kidnap the children. They not only thrashed them but also severely beat them up. Maharashtra is reputed to be land of Sadhus and Saints yet it is here that incidents of Sadhus being beaten up happen again and again. The society is living in

unknown fear and superiorly complex both. That is the reason such saints having no glossy background or name find them vulnerable.

Hinduism does not demand that every Hindu should be religious or spiritual but they should respect culture. Hindus become religious or spiritual voluntarily. The basic requirement of Hinduism is to follow Dharma or good conduct which is taught even in secularism or any civil society.

When we normal human beings are under the turmoil of our worldly life, we are either very happy or not happy. When we are not happy we are angry or sad. When we are happy, we are on top of the world; however, when we see true Sadhu, we find them without attachments to anything materialistic. They work for the betterment of the people. They live and yes they can give you mental stability by resolving your query. It is a spiritual process. A sadhu is somebody who is working on himself so that he becomes receptive. He will teach you what he has accumulated if you want it.

We live in the subcontinent where illiteracy meets religion and together they make the mixture of stupidity and blind faith. Rather than making much out of this superb concept of sadhus, we began to lose reasoning, which makes sense, because the majority of us are illiterate and live under mental bankruptcy. We should believe that there are some wonderful people who'll guide you through your life irrespective of your faiths and beliefs. When a person realizes that everything in this dynamic world is temporary, does not belong to him and that without all these material things also, he can live his life, he starts limiting his needs, his desires and his wishes. This leads to a state of complete satisfaction. Thus, he becomes a sadhu. And what makes him choose this path? It's the society itself. Every year there have been more than 24 brutal attacks on Hindu sadhus since 2000. Before that there were minor attacks but not much in numbers.

Vaidehi Tamar

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Letters to the Editor

Will municipal bonds come to the market?

The Union Finance Minister recently launched two schemes under the purview of SEBI. AMC Repo Clearing Limited (ARCL) and Corporate Debt Market Development (CDMDF) Fund or Nidhi have been launched. There are 11.5 crore demat accounts and four crore investors are investing through mutual funds. Household savings are now coming to mutual funds. Also, gold spot exchange is benefiting customers as it is in demat form. Corporate Debt Market Development (CDMDF) will now make it easier for municipalities to raise capital by bringing bonds in the bond market. It will be easier for the companies to invest through debt and raise more capital accordingly. Similarly, the regulations of the securities market will soon be converted into law. All the small investors will be helped to get safety due to the new regulations.

Dattaprasad Shirodkar

Pessimism In Employment

According to CMIE report, only 39.5% of people of working age (15 to 55 years) come to the job market in the country, while the rest, believing that they will not get a job or work, go away from their search and look for others.

In the world of economics, this is called the labor force participation rate. It was the lowest in India since 2016-17. Actually, the unemployment rate is derived from this. This rate is of those people who do not get work despite searching and being available in the job market. It is a different matter that it does not accurately measure the unemployment situation because those who are sitting in despair, if they get guaranteed work, they will immediately come forward and then the real unemployment will increase enormously. Such pessimism among the people is not augur well for any developing country. This is when people of this age stop looking for work after a long period of unsuccessfully looking for work. Obviously, they thus create a burden on the rural economy and especially on the family.

N.Mateeni

Supreme verdict!

Congress leader Rahul Gandhi was convicted by the Gujarat High Court in defamation of the Modi surname. Rahul Gandhi appealed against this decision in the Supreme Court. The Supreme Court observed that, there was no sufficient and explicit reason in the given punishment. Rahul Gandhi got riddance of the baseless charge. BJP is striving hard to eliminate the opposition parties in the entire country. But, Rahul Gandhi is not one to give up so easily. He is sure to last even after defeating BJP.

Sudhir Kangutkar

Protect the futures of Manipur students

Manipur violence that killed nearly 150 people and displaced another 40,000 people has exacted a wrenching cost, the horrors of which is only slowly unfolding. According to the Union education ministry, he told Parliament that 14,763 school-going children were displaced due to the ongoing ethnic strife.

Vulnerable children are often soft targets when ethnic violence strikes a community, and in Manipur, a complete breakdown of law and order has led vigilante groups to unspeakable horrors. Child migration is particularly worrisome because it can have far-reaching effects on young minds and leave deep scars on the psyche of future generations. If a community is to emerge from the embers of the ethnic fire, the government must act to protect the future of these young children. The good news is that 93.5% of the students have already been admitted to nearby schools. But the authorities must ensure the rule of law, and the restoration of normality without any perception of biased policies, so that these young students can go back to the classrooms, and stay there.

Tauqueer Rahmani

Anti-Tobacco Movement

The Anti-tobacco movement is a rehabilitation movement. We got involved with the 'Voice of Tobacco Victims (VoTV), a campaign. Volunteers participated in the events and training organized by them with Delhi Police to enforce the Cigarettes and other Tobacco Products Act (COTPA), 2003. The law was useful at that time but needs urgent revisions now. The draft COTPA Amendment Bill strengthens our anti-tobacco law. It increases the legal age of tobacco consumption from 18 to 21 years, bans the promotion of tobacco products, and prohibits the sale of loose cigarettes, among other things.

Cigarette smoking is injurious to health as per the statutory warning message. However, so many people taste smoking and spoil their health in the process. In airports a special enclosure is made to encourage the smokers to pursue smoking in a closed place. Even though the prices of cigarettes are increased in every budget, the interest in smokers is not coming down drastically. One more cause for accepting this cigarette smoking habit is seeing their super stars smoking on the silver screen. The caution is totally ignored and we see the role model super stars smoking cigarettes.

After all, we are slowly caught in the death trap for a pleasure lasting a few minutes. Again, your monthly earnings are unnecessarily diverted to such a bad vice. Instead, that amount can be invested on Children's Education or for the Welfare of the Family. There lies your will power to abstain from smoking. Even children follow in the footsteps of their parents. It is time to take care of life from the vagaries of bad vices. Life is really precious. And we should educate children to take the right route and not to get spoiled from a young age. Prevention is better than cure is true.

The World Health Organisation's theme this World Tobacco Day (May 31) focuses on the impact of tobacco on cardiovascular health. Tobacco is a key risk factor for coronary heart disease, stroke and peripheral vascular disease. But awareness on tobacco being a leading factor in heart ailments is low.

This year's WHO campaign seeks to promote awareness on the link between tobacco and heart and other cardiovascular diseases (CVD), including stroke which, combined, are the world's leading causes of death; encourage feasible actions and measures that key audiences, including governments and the public, can take to reduce the risks posed by tobacco to heart health.

As the world gears up for World Tobacco Day, the campaign needs to move from larger pictorial health warnings to plain packaging. Tobacco is the only consumer product with no useful or beneficial qualities, instead it causes death and disability. An interaction with an oncologist or his patient on tobacco products will leave you extremely grim and concerned at the dangerous prospect of India sitting on a fast-ticking cancer time-bomb. Tobacco is the only product that loses one-third of its consumers to death or disability. The warning "Cigarette smoking is injurious to health" sounds good.

Cigarette smoking is injurious to health as per the statutory warning message. However, so many people taste smoking and spoil their health in the process. In airports a special enclosure is made to encourage the smokers to pursue smoking in a closed place. Even though the prices of cigarettes are increased in every budget, the interest in smokers is not coming down drastically.

One more cause for accepting this cigarette smoking habit is seeing their superstars smoking on the silver screen. The caution is totally ignored and we see the role model super stars smoking cigarettes. After all, we are slowly caught in the death trap for a pleasure lasting a few minutes. Again, your monthly earnings are unnecessarily diverted to such a bad vice. Instead, that amount can be invested on Children's Education or for the Welfare of the Family. There lies your will power to abstain from smoking. Even children follow in the footsteps of their parents. It is time to take care of life from the vagaries of bad vices. Life is really precious. And we should educate children to take the right route and not to get spoiled from the young age.

Prevention is better than cure is true. As a matter of fact, there is no treatment if caught in the smoking web. Only an early diagnosis can improve survival chances. Tobacco use is one of the major reasons for Oral Cancer. It is a slow death for a smoker and chain smokers rarely survive from oral cancer. When you buy a pack of cigarettes you find statutory warning loud and clear. With more and more people joining the IT Industry they have the means to pay high cost for cigarettes. Further, we can see young girls smoking cigarettes by the side and spoiling their health. They do it for style or to reduce stress. The increase in appointments in call centres saw them sitting late nights and thus cultivating a bad habit.

After all, every cigarette smoke spoil your lungs and the respiratory system. It is one way of consuming poison for slow death. Even the person sitting in front of you will be getting the smoke going inside his nostrils. So the part of the cost can be claimed from the person enjoying a portion of the smoke. We follow Western style blindly and spoil our health totally. Women smoking cigarettes face the risk of getting cancer and that may affect foetus also. The uterus will be affected as well preventing further pregnancies.

The main cause for cultivating this bad habit is stress. However, cigarette smoking is practised by youngsters and they fall prey to the habit afterwards. They become chain smokers. There are rehabilitation centres for cigarette smokers to come out of the deadly habit. Some people take Paan Parag and other items to curtail the bad smell emanating out of Cigarette smoking. So two bad vices are practised to retain one habit. Cigarette smokers should fix an auspicious day like New Year's Day to forego smoking and lead a healthy life. After all Health Is Wealth.

- C.K. Subramaniam

Columnist

Readers are requested to mail Letters to the Editor only at

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No postal letters will be entertained
(The views expressed are authors' own.)

City

Man makes threat call to Mumbai Police about "bombing", arrested



The Mumbai police on Sunday arrested a man from the Juhu area who had made a threat call at the Mumbai Police Control Room earlier today. "The man who had placed a threat call at Mumbai Police control room arrested from Juhu area by Juhu Police. A case was registered against him. He had placed the call under the influ-

ence of alcohol", said the Mumbai police.

The Mumbai police control room on Sunday morning had received a threat over the phone from an unidentified caller. The caller claimed the possibility of a serial blast in a local train, according to the police.

However, when the police official sought more information

on it, the caller did not repond. "Police control room received a threat call from a man. The caller told Police that serial blasts will take place on a local train in Mumbai. The caller claimed to be speaking from the Vile Parle area and then switched off his phone", said the Mumbai police. Considering the gravity of the situation, the police had alerted the officials. Earlier on Saturday, a hoax bomb threat was received by the Mumbai Police from an unidentified caller claiming the possibility of a blast or untoward incident at Mumbai and Delhi Domestic and International Airports, officials said. According to the police, an official of a police station in another state informed Mumbai Police Control Room regarding the claims of an unidentified caller stating the possibility of a bomb blast. ANI

Amit Shah shares stage with Ajit Pawar in Pune, says 'Right place, but took too long'



Union Home Minister Amit Shah on Sunday shared the dais with Maharashtra Deputy Chief Minister Ajit Pawar at an event in Maharashtra's Pune and said the latter is at the "right place".

"Ajit Dada (Pawar) has come for the first time after becoming the Deputy CM and I am sharing the stage with him, I want to tell him that after a long time, you are sitting at the right place," Shah said. "This was the right place but you took too long to come," he said. Shah, who also

holds the Cooperation portfolio, is in Pune as part of a 2-day visit, was speaking at an event organised to launch the digital portal of the Central Registrar of Cooperative Societies office in Pune. Ajit Pawar, along with some of the Nationalist Congress Party (NCP) legislatures, switched over to the BJP-Shiv Sena (Eknath Shinde)-led Maharashtra government recently. Pawar was soon sworn in as a Deputy Chief Minister of the state. Maharashtra's other Deputy Chief Minister is BJP's Devendra Fadnis. ANI

Amrit Bharat Station Scheme: Maha CM says project will rejuvenate railways with modern amenities

Maharashtra Chief Minister Eknath Shinde said the 'Amrit Bharat Station Scheme' launched by Prime Minister Narendra Modi on Sunday will rejuvenate railway stations in the country by providing modern amenities.

As part of the scheme, 508 railway stations will be redeveloped into world-class ones, including 44 in Maharashtra. Of these, Kanjurmarg, Parel and Vikhroli are on Mumbai's Central Railway network. In a statement, Shinde said the railway budget has made provision of ₹13,539 crore for various projects, including modernization of 123 railway stations in Ma-



harashtra. The CM described Sunday as a historic day since the launch of the Amrit Bharat Station Scheme will ensure passengers get quality services and amenities. The redevelopment

will involve making stations as 'city centres' with amenities like roof plaza, shopping zone, food court, segregated entry and exits, multi-level parking, escalators etc. PTI

Navi Mumbai police arrests 5 people and seized drugs worth Rs 63,200



The Navi Mumbai police have seized drugs worth Rs 63,200 in two raids and arrested five persons, including a woman, in this connection, officials said on Sunday.

Acting on a tip-off, the police on Friday raided a place near a chawl in Kopri village of Navi Mumbai and arrested four men after seizing 21.14 gm of brown sugar from their possession, the police said in a release. Those arrested have been identified as Tahir Mohammad Ali (25), Mohammad Juned Poskar Khan (22), Rafique Aziz Sheikh

(21) and Nilesh Bhoir (32), the release said. The police also conducted another raid in the same village on Friday and arrested a woman, Kavita Rathod (30), and seized 1,060 gm of ganja from her possession, it said. The total value of the seized drugs is Rs 63,200, the police said. Offences have been registered against the accused under provisions of the Narcotic Drugs and Psychotropic Substances (NDPS) Act, they said. The police were trying to find out from where the accused sourced the drugs and to whom they planned to sell them. PTI

Four members of family booked beating up two women in Navi Mumbai

The Navi Mumbai police have registered a case against four members of a family for allegedly verbally abusing and beating up two women over a petty dispute, an official said on Sunday.

A case under relevant provisions of the Indian Penal Code and Scheduled Castes and

Scheduled Tribes (Prevention of Atrocities) Act was registered at Kharghar police station on Saturday for the alleged assault on a 27-year-old woman and her mother-in-law, sub-inspector Dyanoba Dulgande said.

The victims and the accused live in the same residential building in Kharghar, he said. The

accused, including a couple and their two children, quarreled with the victim over a petty issue and verbally abused her and beat her up, the official said. When the woman's mother-in-law intervened, she too was thrashed by them, he said, adding that no arrests have been made in the case and a probe is underway. PTI

Nation

Authorities bulldoze structures used for pelting stones during Nuh clashes



Haryana authorities Sunday razed several illegal structures in the violence-hit Nuh district including a hotel-cum-restaurant from where stones were allegedly pelted on a religious procession during the clashes early last week, officials said. This is the fourth day

of demolition drive in Nuh with the district administration saying they have identified 16 illegal structures which will be bulldozed on Sunday. Sub-divisional Magistrate Ashwani Kumar said these structures were built illegally were used by "hooligans" to throw stones during the recent

violence.

Nuh District Magistrate Dhirender Khadgata said curfew is being relaxed on Sunday as well and people can buy essential goods from 9 am to 12 noon. The district administration had on Saturday bulldozed illegal constructions at 12 different places on including on 2.6 acres of land around Nalhar Medical College. "These were illegal constructions. Notices were already given to owners of the demolished structures. The owners of some illegal structures were also involved in the violence during the Braj Mandal religious yatra. The demolition drive will continue," SDM Kumar had said on Saturday. **PTI**

1,195 looted arms recovered so far: Manipur Police



The Manipur Police said it has so far recovered 1,195 looted arms from different parts of the state. In a statement, it said 1,057 arms were recovered from the valley districts and 138 arms from the hill districts. Besides, thousands of ammunition were also recovered, mostly from the valley districts.

"Security forces have been continuously raiding the hill and valley areas to recover the looted arms and ammunition," it said in a statement on Saturday evening. Director-General of Police Rajiv Singh said strict action will be taken against the people

indulging in looting of arms from security forces. The ethnic clashes broke out in Manipur on May 3 after a 'Tribal Solidarity March' was organised in the hill districts to protest against the Meitei community's demand for Scheduled Tribe (ST) status. The violence, which has been continuing for the last three months, has claimed over 160 lives so far. Meiteis account for about 53 per cent of Manipur's population and live mostly in the Imphal valley, while tribals — Nagas and Kukis — constitute another 40 per cent and most of them live in the hill districts. **PTI**

Punjab Police recovers 77 kg of Heroin, 4 arrested

In two separate intelligence-led operations by Counter Intelligence Wing of Punjab, the Ferozepur Police on Sunday nabbed four drug traffickers. 77 Kgs of heroin along with three pistols were recovered from their possession, the police said.

"In one of the biggest heroin seizures of 2023: In two separate intelligence-led operations, Counter Intelligence, Ferozepur has apprehended 4 drug traffickers and recovered 77Kg heroin (41Kg+36Kg) and 3 pistols", said the Director General of Police, Punjab on Twitter.

Adding further, the DGP informed, "These modules were actively involved in trans-bor-



der & inter-state drug smuggling in Punjab in a big way". An FIR has been registered under the Narcotic Drugs and Psychotropic Substances Act (NDPS) at the Special Operation Cell (SSOC) police station, the DGP informed. "Punjab police is committed to make

Punjab drug-free as per the vision of CM @BhagwantMann", the Punjab DGP further added. Earlier on Saturday, Punjab Police recovered an additional chunk of 4 kg heroin concealed beneath the road in a village of Bute Dian Chhana in Mehatpur, Jalandhar. **ANI**

Assam: Police busts fake currency module in Guwahati, 2 held

Two people were arrested for allegedly running a fake currency module in Guwahati, the police said on Sunday. The two accused have been identified as Abhinash Sarkar and Ayub Ali.

Police said that both were arrested on Saturday night after a team of Gorchuk police station busted a Fake Indian Currency Notes (FICN) module at Bora-gaon area.

"A team of Gorchuk police station under West Guwahati Police District on Saturday night busted a FICN module at Bora-gaon area under Gorchuk police station. Fake Indian Currency Notes worth Rs 10 lakh, printers, and other incriminating documents were recovered from their possession," police said. Further investigation is underway.

Earlier on July 25, the sleuths of the Special Task

Force (STF) of Assam Police arrested two dealers who were involved in Fake Indian Currency Notes (FICN) racket from Hengerabari locality in Guwahati. Based on secret information, a team of STF under the supervision of Partha Sarathi Mahanta, DIG (STF), carried out an operation at a rented house at Hengerabari area under Dispur Police station and caught two persons. **ANI**

Section 144 imposed after mob set police station on fire in Odisha's Kandhamal



A violent mob in Odisha's Kandhamal district on Saturday set the Phiringia police station ablaze and looted weapons and articles. In the incident, one sub divisional police officer (Sadar Phulabani), Suprasanna Mallick, Sub inspector Jali, five other police officers, and Tahasildar, the local magistrate, sustained injuries, along with a couple of media persons.

Injured police officers and others are admitted to the district hospital at Phulbani. SP Kandhamal district Subhendu Kumar Patra is monitoring the situation, and IG southern zone Odisha Satyavrata Sahu has also reached the spot. Section 144 has been imposed in this area. Vehicular movement is being restricted. Shops and business establishments are closed. **ANI**

World

Indian authorities offer to fly home 'depressed' woman student from Hyderabad



The Consulate General of India in Chicago has established contact with a woman student hailing from Hyderabad, who was reportedly depressed and starving, and said she was fit and offered help, including medical assistance and travel to India. Syeda Lulu Minhaj Zaidi, who hails from Telangana and

came to the US to pursue higher education, was seen on a street in Chicago on the verge of starvation. Her mother had written a letter to External Affairs Minister S Jaishankar seeking his help to bring her back home.

"Happy that we could contact Ms Syeda Zaidi and offered help, including medical assistance and

travel to India. She is fit and has spoken to her mother in India," the Consulate General of India in Chicago posted on platform X, formerly known as Twitter. "She is yet to respond to our offer of support to return to India. We stand ready to extend to her all assistance," it said. The mother said her daughter went to the USA to pursue MS from TRINE University, Detroit, in August 2021. "For the last two months, she was not in touch with me and recently through two Hyderabad youths, we came to know that my daughter is in deep depression and her entire belongings have been stolen due to which she is on the verge of starvation and was spotted on roads of Chicago, USA," the mother said in her letter. PTI

China infiltrating US "Red Zone" with investments in Latin American nations



US Southern Command (SOUTHCOM) General Laura Richardson said China is getting nearer to the United States by investing and expanding infrastructure in Latin American countries through its infamous Belt and Road Initiative, Voice of America (VOA) reported. "They are on the 20-yard line to our homeland," SOUTHCOM General Laura Richardson told the Washington-based Center for Strategic and International Studies, using an American football analogy to illustrate how close China is to scoring on the United States. "Or we could say they're on the first or second island chain

to our homeland," she added. Like other US military leaders, Richardson stated that Beijing had not yet established a real military post in the Western Hemisphere. However, worries have grown, particularly in light of June reports indicating that China may be planning to expand further after upgrading an intelligence collection facility in Cuba in 2019. "There's not a Chinese base yet," Richardson said. "But I see with all of this critical infrastructure investment with these BRI [Belt and Road Initiative] projects that there could possibly be some [bases] someday," she added. ANI

Kuwait: Indian envoy discusses prospects of bilateral relations with Speaker of National Assembly

Indian Ambassador to Kuwait, Adarsh Swaika on Sunday called on Ahmed Al-Sadoun, the Speaker of the National Assembly of the State of Kuwait and apprised him of the prospects of bilateral relations between the two nations. "An honour to call on the Speaker of the National Assembly of the State of Kuwait H.E Ahmed Al-Sadoun. Apprised him of the state and prospects of bilateral relations between India and Kuwait, including parliamentary cooperation," Swaika said on Twitter.



Last month, Indian Ambassador to Kuwait, Adarsh Swaika met with the Managing Director of Kuwait Investment Au-

thority, Ghanem Al Gheniman. The two had a good follow-up conversation where they discussed the prospect of greater investments from Kuwait amid the growing Indian economy.

Swaika also called on Kuwait Commerce Minister HE Mohd Othman Al Aiban and apprised him of the increasing trend in bilateral trade between the two countries. ANI

US: Cyberattack disrupts California based health-care system's services



California-based health-care system faced a cyberattack this week. As a result, some services at affiliated locations were shut down, forcing reliance on paper records, The Washington Post reported. Prospect Medical Holdings owns more than a dozen hospitals in California, Connecticut, Pennsylvania and Rhode Island, and it also operates a network of more than 160 outpatient centers and clinics, its website says.

Prospect in an emailed statement to The Washington Post, confirmed that the attack "has disrupted our operations" and

said its offices were in touch with the FBI and third-party cybersecurity specialists. The statement said: "Upon learning of this, we took our systems offline to protect them and launched an investigation. This incident is a firm reminder that cybersecurity threats pose a real risk for health-care organizations across the nation. Prospect Medical Holdings is not the first health system that has been targeted by bad actors and, unfortunately, it will not be the last. We are working with investigators and law enforcement agencies to address this urgent situation."

Pakistan's judicial system has failed, don't know if Imran Khan will get legal relief: Defence expert K P Fabian

Reacting to Pakistan-Tehreek-e-Insaf (PTI) chief Imran Khan's arrest, Defence Expert K P Fabian on Sunday said Pakistan's judicial system has failed. "We do not know whether Imran Khan will get any legal relief. It is true that in the past the Supreme Court had sort of stood by him. But whether it will now stand or not, we have to wait and see," Fa-



bian said on Pakistan-Tehreek-e-Insaf (PTI) party filing a petition in the Lahore High Court

against the arrest of party chief Imran Khan.

The defence expert said: "The larger picture is Pakistan judicial system has failed because it was the Islamabad District Court that was trying Imran Khan and the High Court had instructed the District Court to halt the proceedings. So, the district court went against the order of the high court." ANI

Career

Career opportunities in Adventure Sports Instructor



Vijay Gang

Retired Principal Educational Columnist Malout Punjab

Adventure Sports Instructor as the name itself reveals is a specialist in providing training in the adventure sports be it Water Sports like Scuba Diving, White Water Rafting, Kayaking, Canoeing, Cliff Diving, Snorkeling, Yacht Racing, Powerboat Racing, Wind Surfing etc., Air Sports like Bungee Jumping, Paragliding, Sky Diving, Sky Surfing etc., or Land adventure sports like Rock Climbing, Skateboarding, Mountain Biking, Skiing, Snowboarding, Trekking, Adventure Racing, Land and Ice Yachting etc.

With the spreading of awareness among the masses about the adventure tourism, hill resort culture and involvement of the media channels like National Geographic, Discovery, AXN etc, people have become more aware of adventure sports activities around them and want to plan an adventure holiday thereby demand for these experts as professional trainer has increased many folds in the last few years.

Thus the Adventure Sports Instructors have a good future in this field of Adventure Tourism. A lot of glamour has also been attached to this field at a higher level because of the worldwide approach of the adventure sports mass media involvement. To become a successful Adventure Sports Instructor one must possess the necessary know-how and expertise in the field.

To get the necessary expertise one can go for one or more of the following short-term and full-time long-term courses to make it as a career. It requires a lot of hard work and effort but at the same time offers enormous scope for building one's career.

Former players, as well as Young energetic people with a desire and capacity for hard work, can get both money and satisfaction along with name and fame now attached to adventure sports.

Adventure Sports Instructor Eligibility

Educational Qualification

The desirable qualification required to become an Adventure



Sports Instructor is the 12th class with Physical Education as one of the subjects (it is not compulsory although) followed by certification from any Adventure sports institute.

Important: Good swimming skills are mandatory for water-based sports. Also, proficiency in English or some foreign languages can be handy to handle foreign Adventure Sports enthusiasts.

Adventure Sports Instructors Required Skills

Adventure Sports Instructors must have an enthusiasm for sports, excellent communication skills, the ability to inspire confidence and motivate participants.

They should have determination and patience, good organizational skills, a sensitive and supportive approach.

They should have physical stamina and a commitment to sports participation for all.

How to become an Adventure Sports Instructor?

There is no formal qualification required for those aspirants who themselves have been involved with Adventure sports as players. Former and senior adventure sportspersons can get the job as Assistant Sports Instructors (after getting necessary certification or licence) owing to their knowledge and experience of the sport as a player.

With some experience in the field as assistants, they can alleviate to the upper position as main instructors or chief instructors in due course of time. However, those aspirants who have the non-playing background but are energetic and have good knowledge of sport can undergo formal training and get into this field as instructors by following below given steps:

Step 1

Interested candidate has to join some adventure sports institute



or clubs like National Institute of Water Sports and Nehru Institute of Mountaineering to do Short Term adventure sports courses offered by them.

Step 2

Once they have done with the training successfully they are provided certification or licenses that enable them to be eligible for becoming Adventure Sports Instructors.

List of Institute providing Course related to Adventure Sports Instructor

- Himalayan Mountaineering Institute Jawahar Parvat, Darjeeling (www.hmi-darjeeling.com)
- Nehru Institute of Mountaineering Uttarkashi (www.nimindia.net)
- Indian Institute of Skiing and Mountaineering IISM, Gulmarg (www.iismgulmarg.com)
- Jawahar Institute of Mountaineering and Winter Sports, Anantnag (www.jawaharinstitutepahalgam.com)
- Directorate of Mountaineering and Allied Sports, Manali, (www.dmas.nic.in/)
- Regional Mountaineering Centre, McLeodganj
- Atal Bihari Vajpayee Institute of Mountaineering and Allied Sports, Manali
- High Altitude Trekking & Skiing Center, Narkanda, Shimla
- Regional Adventure sports Centre, Hatkoti, Shimla (HP)
- Mountaineering Sub Centre Jispa, Lahaul and Spiti (HP)
- Mountaineering Sub Centre Bharmour, Chamba (HP)
- The Ballooning Club Of India, New Delhi
- National Institute of Water Sports Aivao, Goa (www.niws.nic.in)

Adventure Sports Instructor Job Description

Adventure Sports needs not only sporting skills but also require a lot of motivation to perform adventurous acts as they involve a certain amount of risk taking too. Thus an Adventurous Sports Instructor Job description has much more than



teaching sporting skills. His work involves guiding groups through group initiatives, teach proper spotting techniques, teach proper care and maintenance of ropes, carabineers, harness and other life supporting equipment as they are very important for performing any kind of act properly. Besides this, he encourages campers and staff to try new sports, participate in other aspects of camp life. An Adventure Sports Instructor has to perform all those duties that may be assigned to him by the Adventure/Sports Director, Village Director, Program Coordinator or Camp Director.

Adventure Sports Instructor Career Prospects

Enormous employment opportunities are available for Adventure Sports Instructors in private as well as public sector organizations. They can get a job in Excursion agencies, Holiday resorts, leisure camps and commercial recreation centres besides Sports centres and athletic clubs. Tourism Departments, Adventure Sports Club and Hills resorts etc also provide a good opportunity to these professionals. Trained Adventure Sports Instructors can also open their own academies with the financial aid provided to them by corporate houses and various state and central governments.

Adventure Sports Instructor Salary

As far as pay packages and salaries of Adventure Sports Instructors are concerned they can get anything from Rs. 20,000 to Rs.30,000 as an Adventure Sports Instructor in some good Adventure Sports Clubs or Hill Resorts to start with. If one goes for Personal assignment one can get as high as one can think of, all this depends upon one's own ability and demand in the field concerned.

Entertainment



It was friendship day on Sunday, veteran actor Anupam Kher is missing his close friend and late actor-director Satish Kaushik a little extra on this occasion. Taking to Instagram, Anupam shared a series of pictures with his friends- Anil Kapoor and Satish Kaushik and wished them with a special message.

In the first picture, 'The Kashmir Files' actor can be seen posing with Anil Kapoor. The trio-Kher, Anil and Satish smiling towards the camera. Sharing the images, he wrote, "Happy Friendship Day! Missing Satish a little extra today!" The veteran actor-filmmaker Satish Kaushik passed away on March 9 after suffering a heart attack. There is no day which passes by that Kher doesn't miss his dear friend Satish. He often posts pictures or videos on social media platforms. **ANI**

ANUPAM KHER MISSING HIS FRIEND SATISH KAUSHIK "LITTLE EXTRA" ON FRIENDSHIP DAY

After an impactful teaser, makers are all set to unveil the trailer of 'Taali' starring Sushmita Sen. Sushmita took to Instagram and treated fans with a video along with the trailer announcement. Sharing the video, she wrote, "Koi hijra bulata hai, koi nautanki, toh koi gamechanger." #Taali trailer out tomorrow. #TaaliOnJioCinema streaming free 15 Aug." The trailer will be out on August 7.

In the video, Sushmita's character can be seen wiping the words from the glass to show the face of Gauri a.k.a Sushmita. Sushmita will be showcasing her boldest avatar as transgender activist Shreegauri Sawant in 'Taali'. **ANI**

Sushmita Sen shares new video of 'Taali', trailer to be out on this date



Akshay Kumar sings 'Kya Hua Tera Wada' with his friends on Friendship Day

Actor Akshay Kumar is celebrating Friendship Day with his friends in a hilarious way as he sings and shakes a leg to the tunes of the iconic song 'Kya Hua Tera Wada'. Taking to Instagram, Akshay shared a video with his friends along with a message.

He wrote, "Nothing beats having fun with friends... No matter what age or stage, my friends bring out the inner child in me. May God bless everyone with the joy of friendship. #FriendshipDay."

In the video, Akshay is seen dancing with a mop in his hand and singing 'Kya Hua Tera Wada' song with his friends. And not only him but his friends also holding random household items. **ANI**