



KEM HOSPITAL PATIENTS HASSLED BY RATS, CATS, DOGS AND MONKEYS

Akash Nirmal & Brena Soni
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KEM hospital is a shelter for dogs, an eatery for cats and rats. In the meantime, Monkey made a new entry here. There were many reports of rats nibbling patients, cats stealing milk and Dogs sleeping in the general ward of the hospital and there is no mechanism to control such annoyance. Monkey menace at KEM Hospital had created anxiety since they found a monkey attacking patients, visitors and staff, taking away

their bags. The forest department traps and takes the monkey out of the hospital.

KEM staff said there were three cases of monkey bites within the premises. Those bitten or scratched now have to take anti-rabies vaccine. While we often saw dogs, cats and mice in hospital premises. For some it was entertaining to see the monkey, but some others had a terrible experience.

Raju Bansare, relative of a patient said "I came from Nanded for my brother's treatment and have been staying here for a month. For the past 4 to 5 days, a

monkey has been coming inside the corridor looking for food. It also went through the bags and threw things around. It even attacked a woman in front of us. Some people are feeding it while others are scared." Bansare further said "the monkey is generally seen around 10 to 11 am and then again around 8 to 9 pm."

Sangeeta Ravat, Dean of the College, informs Afternoon Voice "Forest Department officer Abhijeet Patil is coordinating with KEM security to catch the monkey. We cannot catch the monkey since monkeys are quick animals and tranquilizers are

avoided in animal's interest. We kept 3 cages in the campus at places frequented by monkeys. Stray incidence of minor monkey bite is there, typically due to the patient's relatives trying to feed it."

Abhijeet Patil from the Forest Department told the Afternoon Voice, "We caught the monkey on Sunday morning. Now we are going to send it to our medical centre in Kalyan and will do a medical checkup. If it has any injuries, we are going to treat it. If they find the monkey fit to survive in the jungle, the authorities will decide in which forest to leave the monkey."

A family member of Patience said, "Animals are living beings like us. I have seen dogs, cats and monkeys in the hospital premises. I feed them because they crave for food like us. We humans should do some charity by feeding these strays as they have no place to go. By doing this we shall add to our good karma".

Another patient's family member told the Afternoon Voice, "We have problems with cats and rats around; they are not good in regards to hygiene. Moreover, patients cannot be comfortable if these stray animals wander around hospital beds".

Mumbai's each government hospital has a horror side of it

Editoritis



Dr. Vaidehi

Most of the government hospitals in Mumbai are in horrible conditions. Most of the time, Rajawadi, KEM, Bhagwati and Shatabdi Hospital hit the headlines for the wrong reasons. Well, mostly only those patients choose to go to government hospitals, who cannot afford private healthcare. Patients are treated like objects. Overcrowded wards, dirty unhygienic toilets, stinking corridors, worst food and substandard medical facilities are common factors in all these government and BMC run hospitals.

Recently monkey menace at KEM hospital has created panic in patients. They found one monkey attacking patients, visitors and staff, taking away their bags. A nurse said there have been three cases of

monkey bites within the premises. Those bitten or scratched now have to take anti-rabies vaccine. While dogs, cats and mice are often found on the hospital premises, this time one monkey has made the hospital its adventure trip. This time it was just a monkey but there are bizarre incidents of rats nibbling on the eye of a patient in the ICU of Mumbai's Rajawadi hospital.

The patient, Shrinivas Nagesh Yallapa, was admitted in a serious condition and was on ventilator support. Rats nibbled his eye and hospital management was in denial mode. Rajawadi hospital has been in a state of neglect for a long time. Rajawadi is one of the biggest

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Mumbai's each government hospital has a horror side of it

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hospitals in the eastern suburbs; the BMC has not been sanctioning enough funds to maintain it. The ICU is not secured enough, there are many rats around and the rats enter when someone opens the ICU door. There are colonies of rats in the ICU ward. The whole day they remain quiet and night hours they nibble all that is available to them including patients.

Shatabdi Hospital has gone to the rats. The patients get brutally attacked by rats. - One victim's eye was nibbled at, while the other woman's toe was gnawed on by the rodents. All the hospital management has done is to place trap cages around the premises, while the rodents continue to have the run of the place. Even today, no authorities could control the rat population and its attack. There is no vigilance, no management in place, no one is here to see the inconvenience faced by poor people.

Whenever a patient arrives in an emergency department, he /she first encounters EMO room, whose job is to assign a patient either outpatient treatment or if severe, he/she is required to go to a specific emergency room (eg. Surgery, medicine, ortho emergency etc) During the way, sometimes the stretcher is missing and the unconscious patient has to wait until it arrives and sometimes the attendant goes missing. (as there are only 2-3 stretchers which falls short when patient load increases)

Senior doctors are only available three times a day (morning rounds, afternoon and evening rounds). The junior residents are mostly irresponsible and insensitive towards their patients because they are also equally irritated with the circumstances. The AC in the operation theatre was mostly in non-working conditions, and we can see sweat dribbling from the resident's forehead directly on the patient getting operated on. Sometimes operation theatre lights are not working, most of the time doctors are busy chatting with each other during surgery.

Ventilators in the paediatric department always



have problems. Nurses are rude and insensitive towards women patients who deliver babies. Lack of toilet facilities, no attendants, and no doctors are available in time. The conditions of these hospitals are very inhuman. These human lives have no value and it does not give them basic dignity. The corrupt staff, ward boys and girls are another nuisance. Governments come and go, but the conditions of these hospitals remain the same. There are several reasons for government funded hospitals in India being filthy. The cleaning crew is usually lazy and unmotivated. This usually happens with regular government employees, who are mostly disinclined to work. Government hospitals see a heavier footfall than private ones. The crowd outside our OPDs resembles a protest gathering on most days. People

are spitting gutka openly on the premises. I have seen small children defecating and urinating openly near the patient queues despite lavatory facilities being available for patients but those lavatories are just hell dirty.

Most of the public hospitals are grossly underfunded. Hence, these hospitals do not spend on services which are perceptibly more essential to patient care (e.g. drug and instrument supplies) and sanitation. People don't believe in ownership of public facilities like they do in developed countries. Mumbai's busiest public medical centre, Sion Hospital, stands as a defining landmark on the southeast border of one of the city's most well-known slums. The medical centre, Sion Hospital, opened in 1947 and has had to deal with unprecedented and unexpected growth and a range of health issues that accompany the extremely poor living conditions of local residents. It wasn't until 1976 that the government began providing water and electricity services, and even today, those services don't reach all residents. Over the years, cramped living quarters, lack of sanitation, trash issues and unsafe water have created serious health ramifications for the community. The hospital's growth from a 50-bed facility in its infancy in the 1950s to a 1,400-bed facility today tells a story about its surrounding area that decades of census neglect have failed to record. The walls are so dirty and spider webs are everywhere. Few tube lights and few fans are in good condition, but few fans are off because of some technical problems.

You visit any government hospital in Mumbai; the conditions are similar everywhere. Population is on the rise, medical facilities are inadequate. Mumbai has many challenges in taking care of the enormous population. Most of the government hospitals share additional burden of jail inmates' check-up, post-mortems and health investigations. Staff is not sufficient, doctors lack will, government lacks commitment towards people. India might progress on paper but ground realities are not going to change ever.

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Voices



Letter's to the Editor

Mumbai man lies in waterlogged road, internet says, Maldives in Malad

Oh, what a feeling! This report must have definitely lifted the spirits of your readers on a Saturday morning, amidst the heavy rains in Mumbai. That man in Malad must have surely felt like he was indeed in the Maldives enjoying nature in all its glory.

By the way, it is not just Malad, indeed, the whole of this city of Mumbai has been turned into the Maldives because almost the entire city is submerged during heavy rains. All thanks to the BMC, we need not make that expensive trip to the Maldives. The BMC however should feel ashamed after looking at the man lying on the waterlogged road in Malad.

- Melville X. D'Souza

10 million deaths every year

According to the World Health Organization, the use of tobacco is one of the major cause of illness and death in India every year 10 million people die by the use of smoking. Smoking is not good for our body and smoking damage our body parts. Smoking also increases diseases like cancer, heart disease, stroke, lung disease and increase depression as well. Same people smoke for show off and most of the important it is not only bad for the person who smoke but it's smoke is also bad for other people health, known as passive smokers. Still people are ignoring it and putting their life in danger. No Addiction is bigger than the precious life. People ought to quit smoking, it will be good for them and their family.

- Muskan Prajapat

"Shinzo Abe Assassinated"

Former Prime Minister of Japan suffers Assassination. He was shot dead when he was campaigning for the parliamentary elections. The shooter opened fire on 67 - year old Shinzo Abe from behind. This was the first assassination of a former or a current Japanese leader. He succumbed to a deep wound in the right side of the heart and neck while undergoing treatment in the hospital. Shinzo Abe had been the prime minister of Japan twice. He was suffering from intestinal disease due to which he resigned from the post of prime minister. PM Modi has expressed his grief by tweeting that I have lost my close friend and he devoted his life to Japan. He was awarded with Padma Vibhushan in 2021 . Shinzo Abe has played a vital role in boosting India-Japan to new heights.

- Garima Shrivaspatt,

The world has suffered

Former Japanese Prime Minister Shinzo Abe has been shot dead by a former military officer. Shinzo Abe was a close ally of India and a close ally of the Prime Minister. The assassination is being condemned around the world. Japan is known all over the world as a country that has re-emerged after digesting the destruction of the atomic bomb. Japan is at the forefront of the new industrial revolution.

Although, the motive behind the assassination of Shinzo Abe is not clear, the truth will soon be known to the world. The world has suffered.

- Dattaprasad Shirodkar

World Population Day Refugees Population

Those people who leave their country because of their country's fight, encounter, atrocities, etc., live their life with fear in another country, are called refugees, in English they are called refugees. They are forced to leave their country because there they are persecuted, they are harassed.

They do not have the citizenship of the country in which they stay. That's why they have to pass every second with fear. As of 2014, India has 109,000 Tibetan refugees, 65,700 Sri Lankans, 14,300 Rohingyas, 10,400 Afghans, 746 Somalis and 918 other refugees. These are the ones which are written in the enumeration of the agency in India.

Apart from these, there are lakhs of refugees who have no identity. There is no law nor any policy related to refugees in India. According to an estimate, at present there are 3 lakh refugees living in India, who can be acted upon at any time.

According to the Ministry of Home Affairs, the citizenship of India can be obtained in four ways under the Citizenship Act 1955. Any person born in India after 1950 is a citizen of India by birth. The second is on the basis

of inheritance. Third is on registered basis. Fourth, any person can get citizenship even on the basis of residency in the country. But for this he has to fulfill all the conditions of the third schedule of the citizenship act. The United Nations has a refugee agency named UNHCR to protect the interests of refugees around the world. This UN agency was established in the year 1950 and is headquartered in Geneva.

According to the UNHCR, the largest number of refugees in the world come from five countries namely Syria, Venezuela, Afghanistan, South Sudan and Myanmar.

According to data released by the International Organization for Migration on 5 April, the United Nations estimates that 7.1 million people have been displaced within the country. More than 1.1 million people, or more than a quarter of the population, have been forced to flee their homes, cross borders into neighboring countries or seek refuge elsewhere in Ukraine. Poland has the largest number of refugees. According to the UNHCR, 25,64,994 have entered Poland since February 24.

The UNHCR said on Friday that 700,000 refugees from Poland have already been given national identification numbers. According to the UNHCR, 4,06,611 Ukrainians have entered Moldova. According to the United Nations, about 1.5 million people have left their country and are taking refuge in neighboring countries because of the war in the last 10 days. Most of them are youth group.

Because of this, education is not available to them. Their future is in danger. They have to roll a lot of papers for employment. For some, employment is not available even after making lakhs of efforts. Due to illiteracy some go on the wrong path. Some do not even have any faults but are still viewed with suspicion. One thing out of a hundred, they have to struggle their whole life.



Khemu Parashar

Writer and Columnist

Tackle Narcoterrorism expeditiously

The effects of Pakistan's narcoterrorism in Kerala, Maharashtra, Goa, Punjab, and Jammu & Kashmir have already been catastrophic. Without action, India's border vulnerability costing a lot. The number of drugs traded and ingested in India has dramatically increased during the last several years. With rising heroin, marijuana, and brown sugar consumption, the formerly chronic problem of drug misuse has now reached epidemic proportions, particularly in Jammu and Kashmir, Kerala, Goa & Maharashtra according to reports. Trafficking and usage like this have detrimental effects on border terrorism. Drug terrorism is a long-standing issue. It is well known that Pakistani factions have historically given separatists money obtained through the drug trade. Former Pakistani prime ministers, including the current Arif Alvi, have accepted that the country's security

service sells heroin, marijuana, and brown sugar to fund clandestine military operations. Large drug shipments with militants are seen often in Kashmir and other border states of India. However, the trend has changed, and drugs are now being transmitted right across the Line of Control. The current trend is for militants from Pakistan is to transport drugs directly in addition to weapons and ammunition. Terrorists from Pakistan are engaging in the same nefarious behaviour in India that they did in Punjab, where they first provided weapons training before drugging the youth. Law enforcement agencies in the country are unanimous in the conclusion that Pakistan-based terrorist groups are now relying on transporting drugs to the region for terrorist financing purposes. Some of the medicines of Pakistani origin are sold in Kashmir and the rest are shipped to other parts of India.

The combination of drug and weapon seizures by Kashmir security forces shows an established link between drug traffickers and militants. The Indian border has traditionally been open to drug trafficking. Young people in India are exposed to the deadly combination of drug addiction and violent extremism as a result of increased household use and easy access to drugs. India needs a strong counterterrorism strategy in addition to counterterrorism, preventing the latter from choking the former.

If narcoterrorism is not tackled alongside security concerns at the social level, the cost could be very severe.

- Vijaykumar H K

Columnist and Writer

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No postal letters will be entertained

(The views expressed are authors' own.)

City

Aarey Colony needs to be protected to preserve wildlife & biodiversity, says Aaditya Thackeray

Former Maharashtra Minister Aaditya Thackeray on Sunday participated in a protest against the state government's decision to construct a Metro car shed in Mumbai's Aarey Colony, and said the 808-acre area there was reserved as a forest to preserve the wildlife and biodiversity in the city.

"Aarey is a unique forest within our city. Uddhav Thackeray ji declared 808 acres of Aarey as Forest and the car shed must move out. Our human greed and lack of



compassion cannot be allowed to destroy biodiversity in our city said Shiv Sena leader Aaditya Thackeray.

- PTI

2 underground metro rakes likely to reach Mumbai from Hyderabad this month

Underground Metro 3's two prototype rakes, arrival of which had been delayed due to uncertainty on the issue of crashed and other technical reasons, are expected to arrive for trial runs in the third week of July.

Metropolitan commissioner SVR Srinivas has given a go-ahead to bring this rake from Alstom's facility in Siricity Hyderabad. Srinivas confirmed to media, "The rake will arrive in the third week of July."



Coaching class told to refund Rs 2.5 lakh for forcing e-education on Powai boy



Observing that PACE IIT & Medical should not have forced an IIT aspirant to continue with virtual classes during the pandemic when he was unable to cope with learning online, a district consumer commission has ordered the coaching academy to refund Rs 2.47 lakh fees to the father of the Powai student.

Any developed society judged by its judicial system, rule of law, says Maha Dy CM



Maharashtra deputy chief minister Devendra Fadnavis on Sunday said any developed society is evaluated by its rule of law and hailed the country's judicial system as strong and credible.

He was speaking after inaugurating a residential and amenity block of the Maharashtra National Law University, Nagpur.

- PTI

63 Beed pilgrims stranded in Amarnath rescued



Sixty three people from Beed in Maharashtra got stranded during the Amarnath pilgrimage and they were later rescued and taken to Jammu, Srinagar and other places, a district administration official said on Sunday.

- PTI



"People are upset due to rising inflation in Sri Lanka.. People are not getting food gas. Please help for Sri Lanka .. Save Sri Lanka." The children of Gurukul took out these signs and called upon the whole world to help Sri Lanka.

Protests underway in Aarey, Goregaon against building of metro car shed in forest

People in Mumbai on Sunday took to the streets in protest against the Eknath Shinde government's decision to resume construction of metro car sheds in the Aarey colony forest, claiming the project was being developed at the expense of the forest area.

The Aarey forest is a 1,800-acre area which is often termed the city's "green lung". Soon after Eknath Shinde was sworn in as the new Maharashtra Chief Minister and BJP leader Devendra Fadnavis as the Deputy Chief Minister, the state government directed the Advocate General that the metro car shed be built in Mumbai's Aarey colony itself.

The Mumbai Metro Rail Corporation Limited (MMRCL) announced its plan to cut down over 2,700 trees from the Aarey



colony in order to build a car shed for the metro. The colony, spread over 13,000 hectares, is home to over 27 Adivasi villages and inhabits various animal species.

The Bombay High Court in September 2019, verbally directed the MMRCL and the state government not to cut any trees in the Aarey forest area for the construction of a metro car shed, to which they agreed.

Later in October 2019, the Bombay High Court had dismissed all petitions against the proposed cutting down of over 2,500 trees in Aarey Colony of Mumbai to make way for a metro car shed.

However, the Maharashtra government stayed the order for the Aarey metro car shed project following massive public agitation in the city.

- ANI

Eknath Shinde rejects Uddhav Thackeray's call for polls



Maharashtra chief minister Eknath Shinde, who was on a two-day visit to Delhi, dismissed the Uddhav Thackeray-led Shiv Sena faction's demand for mid-term polls and said the new government will not only complete its tenure but will get re-elected with a bigger majority.

"We have the support of 164 MLAs, and they have just 99. As per the Constitution of the country, governments are formed on the basis of majority, which we have," Shinde said.

CM Thackeray had demanded mid-term polls in the state,

challenging the government of rebel Sena MLAs and BJP to prove its majority. Reacting to Sena MP Sanjay Raut's statement that the rebel Sena MLAs were given 50 'khoka' (crores) each, Shinde said he didn't know what that meant, and the only 'khoka' (box) he knows is of sweets. "I have 4-5-term MLAs with me. You think they came to me for money?" he said.

Shinde said, "The existence of our MLAs had come under threat under the MVA government. It's only the natural alliance of BJP and Shiv Sena that can take Maharashtra forward." On the second day of their Delhi visit, Shinde and deputy CM Devendra Fadnavis met President Ramnath Kovind, Prime Minister Narendra Modi and BJP president J P Nadda.

- Agency

Nation

Eid-ul-Adha epitomises spirit of sacrifice: Naidu

Vice President M Venkaiah Naidu on Sunday extended greetings on Eid-ul-Adha, saying the festival is an occasion to share and care and show compassion towards the needy and poor.

Celebrated with traditional fervour and gaiety, Eid-ul-Adha epitomises the spirit of sacrifice and devotion to God, the Vice President Secretariat tweeted, quoting Naidu.

"It is an occasion to 'share & care' and show compassion towards the needy and poor. I hope the festival will strengthen the spirit of unity and brotherhood in society by



bringing people closer to one another," Naidu said. He hoped that the noble ideals associated with Eid-ul-Adha enrich people's lives with peace and harmony, and bring prosperity to the country.

-PTI

PM Modi greets people on Eid ul-Adha

Prime Minister Narendra Modi on July 10 greeted people on the occasion of Eid ul-Adha and wished that the festival inspired everyone to work towards furthering the spirit of collective well-being and prosperity for the good of humankind.

Celebrated by Muslims, the festival commemorates the spirit of sacrifice to obey God.

Mr. Modi tweeted, "Eid Mubarak! Greetings on Eid-ul-Adha. May this festival inspire us to work towards furthering the spirit of collective well-being and prosperity for the good of humankind."

The Prime Minister also wished people on the occasion of Ashadhi Ekadashi, which is observed



with particular reverence by followers of Lord Vitthal in Maharashtra.

"Greetings on the sacred occasion of Ashadhi Ekadashi. May the blessings of Bhagwan Vitthal remain upon us and further spirit of happiness in our society. Sharing a snippet from

an earlier Mann Ki Baat in which we talked about the Warkari tradition and the divinity of Pandharpur," Mr. Modi tweeted while posting a clip from his monthly radio broadcast.

The day marks the culmination of a pilgrimage the followers of Lord Vitthal take to his temple in Pandharpur in Maharashtra.

Noting that he was in Dehu weeks ago to inaugurate a temple devoted to Sant Tukaram, Mr. Modi said he had highlighted Tukaram's noble teachings and spoke about what everyone can learn from the great Warkari, a community of devotees to Lord Vitthal, saints and seers.

- PTI

BJP leader Uma Bharti demands a uniform excise policy for all BJP-ruled states

Senior BJP leader Uma Bharti has written a letter to party president J P Nadda, demanding a uniform excise policy for all BJP-ruled states, and also announced a silent protest outside liquor shops in Madhya Pradesh till October this year as well as a march in Bhopal on October 2, on the occasion of Mahatma Gandhi's birth anniversary.

In the letter dated July 9, the former Madhya Pradesh chief minister also criticized the existing excise policy in the BJP-governed MP, claiming "it can lead the state towards destruction in every way".

Bharti, who shared the letter on Twitter on Saturday evening, has been seeking prohibition in MP for some time. She had earlier hurled a stone at a liquor shop in the state capital Bhopal and thrown cow dung at a liquor outlet in Niwari district.

The BJP leader, in a statement, said she has held meetings with decision-makers within the party and is confident that such interactions will soon yield results.

"From now on till October, I will stand alone in front of liquor shops and ahataas (liquor drinking facilities adjoining shops). I will march with women



on the streets of Bhopal on Gandhi Jayanti (October 2)," she said.

The former Union minister said liquor prohibition is a social issue, and not a political one.

- PTI

Bengal registers 2,968 new Covid-19 cases, 3 more fatalities

West Bengal reported 2,968 fresh Covid-19 cases, with nine districts logging over 100 single-day infections each, the health department said.

The state's tally mounted to 20,48,749, while three more fatalities pushed the death toll to 21,239, it said.

North 24 Parganas district registered 743 new cases, followed by Kolkata (742). In Hooghly, 143 fresh infections were detected.

West Bengal now has 21,159 active cases, and a total of 20,06,351 people have recovered from the disease thus far, the bulletin said.



The state has been reporting over 2,000 daily cases since July 6.

It has so far tested 25,678,115 samples for Covid-19.

- PTI

Jaishankar hails India's COVID-19 vaccination drive

Union External Affairs Minister S. Jaishankar on Sunday hailed India's ongoing COVID-19 vaccination drive and said the country is capable of finding solutions while facing challenges.

"We are the country which has made its own vaccine. We are one of the few countries to have our own CoWIN app so that everyone who vaccinates has a digital certificate. Today's India is capable of finding solutions while facing challenges," the External Affairs Minister said while addressing an event in

Thiruvananthapuram.

Registering a mild decline in COVID-19 cases compared to Saturday, India on Sunday reported 18,257 fresh COVID-19 cases, according to updated data by the Union Health Ministry.

"Present India is already very different from the India of my youth. It is an India which is capable of looking at challenges and finding solutions, of doing things in India with Indian talent and capabilities in a manner that we couldn't have imagined earlier," said Jaishankar.

- PTI

Five pilgrims from AP reported missing in Amarnath tragedy



The five pilgrims belonged to different towns in the state and remained "untraced" after the tragedy near the holy cave.

The state government dispatched AP Bhavan additional resident commissioner Himanshu Kaushik to Srinagar to coordinate with the local authorities and ensure safety of

AP pilgrims, an official release here said.

The AP government also opened a dedicated helpline number 1902 to extend required help to pilgrims from the state.

Helplines were also set up in the AP Bhavan in New Delhi for any assistance to pilgrims and their relatives, the release added.

- PTI

LG Manoj Sinha visits Pahalgam base camp

Amid the recent cloudburst at the Amarnath shrine in Jammu, Lieutenant Governor (LG) of Jammu and Kashmir Manoj Sinha on Sunday visited a base camp in Pahalgam and met pilgrims.

"The security personnel and administration have carried out an efficient rescue operation. We pay condolences to those who lost their lives. Efforts are underway to resume the Yatra along with repairing the path. Pilgrims should come, we will provide them with all facilities," Sinha assured.

"35 pilgrims have been discharged following treatment. 17 people are getting the treatment and are likely to get discharged tonight. All safe and healthy," said SASB Officials.

- ANI

Opinion

How did the idea of petal stories come around?

Anusree Bonnerjee (AB)- Dakshadi and I have been wanting to collaborate and create work for a while now. Petal stories began over a casual conversation over coffee, Dakshadi stated she had been wanting to do the stories around the Parijat flower. So, maybe we could look at different Indian stories, but then the thought occurred, why not just take up different flowers and their characteristic qualities and look at stories associated with those aspects. For the most part choose flowers pertinent to our Indian way of life, though post a brainstorming with our scriptwriter Sudipta Dhruva, we then could not resist the choice of the story inspired by Kahlil Gibran.

Daksha Mashruwala (DM)- Parijat is the only flower that is picked up from the ground on which it falls before sunrise and can be offered to the deity, this fact intrigued me a lot. I found a mythological story around this and so scripted it visualising the dance. It was to be one amongst others in my earlier production Crossing Oceans. I had an urge to stage it and hence I proposed it to Anusree in one of our conversations. We went back and forth with many stimulating ideas and finally decided on the Petal stories.

How difficult was it to make it a joint effort?

AB - It was a boon and no difficulty at all. Whilst we both have very distinct choreography styles, there is a very strong synergy in our thought process, our aesthetics and sensibilities and most importantly a great mutual respect for each other. The process of creation was a wonderful journey of learning and growth.

DM - Luckily we matched intellectually, and our aesthetics are similar in many ways. Hence the joint venture helped a lot in the huge amount of work to be done in a production layered with so many different forms. It was indeed a huge learning too for both of us.

How and why did you choose your team?

AB - We went with our core team of dancers from our respective dance companies

When Flowers Came Alive – Petal Stories

- Sandip Soparrkar

Mumbai dance lovers recently saw a very beautifully conceptualised dance show choreographed by two very talented dancer choreographers from the city; **Daksha Mashruwala and Anusree Bonnerjee**. This collaborative dance venture was titled "Petal Stories" and it was a show that was brilliantly put together.

What do poetry, music and dance have in common? They each employ form, breath, flow and mindfulness that translates into rhythm, pace and movement. And when you combine the three forms, you can capture anything the imagination can conjure. Petal Stories, a beautifully choreographed spectacle, reach out to audiences with its unique perspective and the magic it created with different classical dance and music forms along with poetry, as the voices of flowers came alive.

This dance ballet was conceptualized, directed and produced as a collaborative venture between Indian classical danseuses

Odissi exponent Daksha Mashruwala and Bharatnatyam exponent Anusree Bonnerjee coming together with writer and poet Sudipta Dhruva and singer and music composer Kaustuv Kanti Ganguli. This 45 min ballet with 12 dancers and original music score especially made for this show was a sheer delight. Post show I spoke with the duo about petal stories and this is what they had to say:



namely Kaishiki Dance Academy and Drutam Dance Ideas Lab, with choices of roles being done in thought through manner in keeping with each of their dance styles. From Kaishiki we had Namrata Mehta, Siddhi Waikar, Nivedita Ravishankar, Anuradha. From Drutam it was Nilesh Singha, Ayan Banerjee, Triya Bonnerjee, Sohini Dasgupta, Anjali Nigam and our guest artiste Alapayani Dey. Then there was Namaha Mazoomdar who was the common factor in both teams.

DM - We have a good group of performing students who are part of repertoire and I take them mainly based on their availability for odd timed rehearsals since choreographing new item takes a lot of time, that is how also they were chosen too.

What problems did you face to make the show see the light of the day?

AB - The Pandemic delayed it by two years but beyond that we did not face any other hurdle. We both took a leap of faith where the funds were concerned, and I believe the universe responded by bringing us sponsors and donors as the fund support required for this.

DM - Yes, it was mainly the pandemic, initially, we had decided to stage it in April/May 2020, we had to drop the idea and the uncertainty of relaxing the lock down for stage performance was frustrating. Also, we were worried on how to fund for the significant cost of

recording of the music, the big team of professional performers of the Kaishiki and Drutam ensemble, new costumes, lights etc. Sometimes, things happen with gracious, unexpected support from the corporate as well as the well-wishers who totally trust our work and intentions.

What is the next step for petal stories?

AB - We are hoping to have many more shows within the country and like most of our audiences said, take it International as well.

DM- Firstly we are looking for a proper feedback, we have another show lined up in the city in few weeks and then the travel will begin and we do plan to take the production further by reaching out to people with many shows, in different cities and countries.

This show was inspired by beautiful flowers which surround us and it took us into the inner world of five different flowers and the stories that define each of them. Their stories are hidden in the Indian mythology, folklore and in the poetry of famous poets like Rabindra Nath Tagore and Khalil Gibran and in the beauty of our hearts too. Each flower has its own significance and special message to us and when captured through dance, poetry and music it all came alive on stage. If you get to hear that this show is near you, then go and do not miss a chance to experience the flowers talk to you.



Beauty

While genetics plays a key role in nasolabial fold development, the atmosphere and our actions also play a role in our appearance.

Anything that supports collagen production can improve the appearance of laugh lines by thickening and strengthening skin, and minimizing wrinkles. We need to adapt is a healthy lifestyle, collagen rich food and also some facial exercise?

You can prevent NASOLABIAL FOLDS with simple exercise

The skin resistant to nasolabial formation includes simple tips to follow:

- Use good moisturizing skincare products that stimulate collagen, such as hyaluronic acid.
- Selecting products that contain antioxidants and Vitamin C, which also boost collagen
- Adding retinoids to your skin care routine. You should mix retinol with good moisturizer and apply it on face.
- Avoid sun exposure
- Wash face in frequent intervals to provide hydration to the facial skin

Most effective technique is Facial Exercises

Exercise could logically improve the appearance of nasolabial folds by strengthening the muscles of the lower cheeks, mouth and chin. In the least, it won't hurt to do the following once or twice daily:

- Seal your lips using your hands and puff up your cheeks
- Hold for 15 seconds while you transfer air from cheek to cheek. Do 2-3 sets.
- Pucker your lips in a kiss towards the ceiling
- Hold for 15 seconds. Do 4-5 sets.
- Slightly open your mouth, and pull back on the corners with clean fingers.
- Hold for 2-3 seconds. Do 10-20 sets.



Surgical Procedures :

Fat Transfer

Fat transfer (fat grafting) procedures for nasolabial folds are very similar to dermal fillers, however, instead of filler, the patient's own fat is used to plump the skin. Fat is taken out from an area of the body (typically the stomach or thighs), processed in a centrifuge to remove impurities, and re-injected into the upper cheek or just below the laugh line to reduce the appearance of the nasolabial fold.

Subcision surgery (nasolabial fold surgery)

Subcision surgery is ideal for addressing the most severe forms of nasolabial folds. The procedure entails using a needle to make tiny punctures in the surface of the skin. This releases the skin from underlying tissue and encourages collagen production as the skin heals. Subcision can reduce the depth of the deepest smile lines.

NASOLABIAL FOLDS non-invasive treatments



Dermal Fillers

Dermal fillers can lessen the appearance of nasolabial folds by plumping the upper cheek or the area just below your smile lines. Fillers are 100% non-surgical and provide results that are both dramatic and instant. There's also no downtime, patients can return to their normal daily activities immediately following treatment.



Skin Resurfacing (laser treatments or chemical peels)

Laugh lines sometimes leave a permanent wrinkle that's evident even when you're not smiling. It can reduce the appearance of these wrinkles with skin resurfacing treatments such as chemical peels or laser resurfacing. When skin looks youthful, nasolabial folds are often less noticeable.



Micro-needling

The microneedling process involves the creation of microscopic channels through the surface of the skin, which leads to the formation of new tissue and releases the skin's natural growth factor, which promotes scar and hyperpigmentation repair and healing. The skin's natural healing process starts the production of new collagen and elastin fibres, making the skin thicker, tighter, and more youthful in appearance.



Skin Tightening (Thermage or Ultherapy)

Skin tightening procedures such as Ultherapy or Thermage work in similar ways, by creating microscopic damage underneath the skin's surface to stimulate the body's healing process. This can soften deep laugh lines, but works primarily by making skin appear more youthful and smoother overall.

Entertainment

Rashmika Mandana's first look poster from 'Sita Ramam' is out now

Makers of the upcoming romantic film, 'Sita Ramam', on the auspicious occasion of Eid-Al-Adha, shared the first look poster of Rashmika Mandana's character Afree. Taking to Instagram, Dulquer Salmaan shared two posters of the 'Pushpa' actor, to which he captioned, "#EidMubarak from our Rebellious #Afreeen to you and your family..." In the poster, the 'Dear Comrade' actor can be seen portraying a Muslim character and doing an 'Adab' pose.

In the second poster, the actor poses her back at the camera lens, showing her side angle. The poster reads 'Eid-al-Adha Mubarak.



Directed by Hanu Ragavapudi, the upcoming action romantic film also casts Mrunal Thakur and Sumanth Kumar in the lead roles. Soon after the first look posters of, the 'Bheeshma' actor were out, fans swamped the

comment section with heart and fire emoticons. The story of Swapna Dutt's production film revolves around the characters of Dulquer and Mrunal, who play Ram and Sita, respectively. The romantic drama is against the backdrop of a war. 'Sita Ramam' is being made simultaneously in Telugu, Tamil and Malayalam languages. The film is slated to release on August 5, 2022, in Telugu, Hindi, Tamil and Malayalam. Meanwhile, the 'Kirik Party' actor will be also seen in the upcoming Bollywood flix Mission Majnu' alongside Sidharth Malhotra, 'Goodbye with Amitabh Bachchan and 'Animal' with Ranbir Kapoor.

- ANI

Jameela Jamil responds to criticism of her look in Marvel's upcoming 'She-Hulk' series

British actress Jameela Jamil proved that she doesn't get angry when fans question her look in the upcoming Marvel series 'She-Hulk: Attorney at Law'.

According to The Hollywood Reporter, after an image of her She-Hulk villain Titania was shared to social media ahead of the project's August 17 premiere, Jameela took to Twitter and responded to posts that were critical of her appearance, with some individuals voicing questions about the character's hairstyle. On Saturday, Jameela wrote, "Omg this photo. Guys... I accept every ounce of shade here, but in defence of my

excellent hair stylist, this is just my hair after a 14-hour stunt day in Atlanta heat. Just after being upside down. She did a *great* job on the show I promise. I love her. Boobs look ok tho?"

- ANI



Divyanka Tripathi and Vivek Dahiya's romantic vacation on their sixth anniversary is all things love. Don't miss the inside pictures and videos from their romantic gateway.

Salman Khan to be a part of Riteish Deshmukh's directorial debut

Actor Ritesh Deshmukh on Sunday announced that Bollywood star Salman Khan is going to be a part of his Marathi directorial debut 'Ved'. Taking to Instagram, the 'Housefull' actor announced the film wrap with some behind-the-scenes pictures from the sets of his upcoming Marathi film, which features Riteish along with Salman, to which he captioned, "As we celebrate Ashadi Ekadashi, I wish you all a life filled with happiness, love and



prosperity. On this auspicious day, it thrills me to say that with your kind blessings I have completed filming my first directorial Marathi movie 'Ved' (Madness, Crazy, Passion). This road had its own challenges but when you are surrounded with people that have your back, forward is the only way you can go."

Along with the film wrap, the 'Masti' actor announced that after a special cameo in his Marathi debut film 'Lai Bhaari' the 'Sultan' actor will now be part of his debut directorial also.

- ANI

Vignesh Shivan drops unseen pictures with SRK, says 'Happy moments of life'



Tamil director Vignesh Shivan, who recently married actor Nayanthara, shared new unseen pictures with superstar Shah Rukh Khan clicked at the time of their wedding.

Taking to Instagram, the 'Paava Kadhaigal' director treated his fans with new series of unseen pictures from his wedding day.

In the pictures, the 'Jab Tak Hai' actor was seen happily

posing Vijay Sethupathi, director of her upcoming film Atlee, and Anirudh. Shah Rukh Khan looked dapper as always as he wore classy white and black trousers. He opted for pair of black shades to complete his entire look.

On the other hand, the groom was seen donning a south Indian traditional outfit. And the rest wore ethnic wear for the wedding.

- ANI